



Whitefish Bay RECREATION

Bringing Community Together

**FUN-FILLED
SUMMER OF
RECREATION**

RESIDENT LOTTERY
REGISTRATION
BEGINS MAR. 11, 2024
Non-Resident Registration begins Apr. 2, 2024.

CHECK Summer Camps | Tennis | Swimming Lessons
INSIDE: Youth Enrichment | FUN FOR ALL!



Connects Before & After School Care

A safe, social and fun environment with qualified caring staff so that all students feel welcome and secure

The Whitefish Bay School District offers on-site care for children enrolled in K4 - 5th grade at either Richards or Cumberland Elementary Schools.

Our mission is to provide high quality care in collaboration with parents and our school community.

With our qualified and caring staff, we aim to reinforce skills learned during the school day by providing a variety of academic and enrichment opportunities to enhance the intellectual, physical, social and emotional development of all students. And of course, ensure students have FUN!

"We truly appreciate all of the Connects staff. They have been wonderful and it's awesome to see a room full of happy kids every day. Thank you!!!" - Connects Family Member



For more information, please visit the Connects website at www.wfbschools.com/community-recreation/beforeafterschoolcare.cfm

How to Register for the 24/25 School Year

Lottery Registration Dates: April 15th-17th

To be eligible for the lottery, Enrollment Forms must be submitted through the Google Form or handed in-person to the Lydell School and Community Center during the lottery registration dates.

Emailed forms will not be accepted.

Forms will be available online and at both elementary schools starting April 1st, 2024.

WHAT IS THE BEST PRICING STRATEGY?

ASK ESSAM.

414.350.4611
eelsafy@shorewest.com
ElsafyTeam.com



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MAIN OFFICE:

5205 North Lydell Avenue
Whitefish Bay, Wisconsin 53217
414-963-3947
www.wfbschools.com

DIRECTOR

Carin Keland 414-963-3888
carin.keland@wfbschools.com

RECREATION SUPERVISOR

Mark Suchowski 414-963-3864
mark.suchowski@wfbschools.com

**ADMINISTRATIVE ASSISTANT
CONNECTS & LYDELL PRESCHOOL**

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caitlin.carani@wfbschools.com

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Published three (3) times yearly:
March, August, November
Volume 23 (2024) Issue 13



Bringing **Community** Together

RECREATION GUIDE SUMMER 2024

Dear Residents,

An important requirement of the Recreation and Community Education Department is to provide equal access to all community programming. To ensure equal access, the department will be utilizing a registration lottery.

We previously used a registration lottery for all programs until the Summer of 2022, when we moved to a first-come, first-served process. This decision was made because many programs were experiencing low enrollments due to COVID. Since then, our program participation numbers have increased, well beyond our pre-pandemic levels.

As a result of increased program enrollment, it is necessary for the Recreation and Community Education Department to once again utilize a registration lottery.

Registration Lottery Process - All resident registrations received during the Priority Registration Period (March 11- March 31) will be entered into a random lottery. During the Priority Registration Period, all those who wish to participate in a program will need to register, even if enrollment capacity has been exceeded. On the Selection Date (April 1), registrants will be randomly selected via a computerized registration lottery for recreation programs that have exceeded their enrollment capacity. Those not selected in the registration lottery are notified and placed on a waitlist.

We encourage residents to register during Priority Registration for the greatest chance to get into programs of interest. High-demand summer programs that *typically* have exceeded capacity and therefore utilized the registration lottery in the past are K-Camp, Youth and Adult Pottery Throwing, Pom Clinic, STEAM Camps offered by Mad Science, Computer Tots, Gymnastics Lessons and Camps, Swim Lessons, and Adventure Camp with Riverwest Outdoor.

The Recreation and Community Education team is proud to offer a wide range of services and programs to all community members, and we are committed to fair and equitable registration and participation processes.

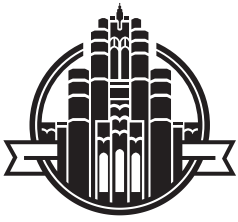
Utilizing the registration lottery will allow families more time to browse our offerings, plan their summer schedules, and prepare for a fun-filled summer of recreation!

Yours in Recreation,

Carin Keland



Carin Keland,
Director of Recreation
Whitefish Bay Schools



Whitefish Bay SCHOOL DISTRICT

An Exceptional Place to Learn

MESSAGE FROM THE DISTRICT ADMINISTRATOR

Superintendent Welcome

To the residents of the Village of Whitefish Bay, thank you for your interest in the Whitefish Bay Recreation Department. We continue to enthusiastically promote wellness for all ages and life-long learning throughout our community thanks to the dedication of our passionate team members, assistance of our wonderful volunteers, and continued support from all of you. Thank you for your positive engagement.

Summer is Just Around the Corner....

Staying Active & Promoting Well Being - Staying active promotes fitness and enhances overall positive well being. It is vital that each and every resident attends to their whole self, caring for their physical, emotional, and mental health. We invite you to review our Summer 2024 Recreation Guide and hope that within the wide range of programming being offered, there is something of interest to you that attends to these important facets. Remember, engaging with other program participants positively impacts your well being.

Creative Programming - Our team continues to generate innovative, creative, and safe programming opportunities for all ages. The Recreation Department has a strong commitment to innovation and a goal to evolve with the ever-changing needs of the community we serve. If there is a program you are interested in, and we don't offer it, please reach out to a team member; we always consider new ideas to serve the community.

Mark your Calendar: Annual Meeting - The Whitefish Bay School District's Annual Meeting will take place on September 4, 2024 at 7 PM at the Whitefish Bay High School Auditorium, 1200 E. Fairmount Ave.



Until next time, be well -

Dr. John W. Thomsen
Superintendent of Schools

WHITEFISH BAY SCHOOL DISTRICT FACILITIES:

DISTRICT OFFICE:

1200 E. Fairmount Avenue
Whitefish Bay, Wisconsin 53217
414-963-3921

LYDELL SCHOOL & COMMUNITY CENTER:

5205 N. Lydell Avenue
Whitefish Bay, Wisconsin 53217
414-963-3947

CUMBERLAND ELEMENTARY:

4780 N. Marlborough Drive
Whitefish Bay, Wisconsin 53217
414-963-3943

RICHARDS ELEMENTARY:

5812 N. Santa Monica Boulevard
Whitefish Bay, Wisconsin 53217
414-963-3951

WHITEFISH BAY MIDDLE SCHOOL:

1144 E. Henry Clay Street
Whitefish Bay, Wisconsin 53217
414-963-6800

WHITEFISH BAY HIGH SCHOOL:

1200 E. Fairmount Avenue
Whitefish Bay, Wisconsin 53217
414-963-3928





REGISTRATION INFORMATION

HOW TO REGISTER:



DROP OFF / MAIL

5205 N. Lydell Avenue
Whitefish Bay, WI 53217



ONLINE

www.wfbschools.com

DROP OFF/MAIL: Registrations may be dropped off or mailed.

ONLINE: Use your household ID to log in and register, using the online portal. **Your ID should be used for both username and password.** If you have never registered for a program, you have not been assigned a household ID number. Complete the Whitefish Bay Recreation Account Set-Up Form on the website. Once submitted, the department will email an assigned household ID number.

If you have forgotten your household ID, please contact the office during business hours.

IMPORTANT REGISTRATION DATES

MARCH 11-31

Priority Lottery Registration

APRIL 1

Lottery Selection

APRIL 2

Non-Resident Registration Begins

OFFICE INFORMATION

Monday thru Friday
8:00 am–4:30 pm

SUMMER OFFICE INFORMATION

Monday thru Friday (June 17–August 23)
7:30 am–3:00 pm

The office will be closed on the following dates: May 27, July 4

Phone: 414-963-3947
Fax: 414-963-3937

DROP BOX HOURS

- Monday thru Thursday
7:30 am–9:00 pm
- Friday 7:30 am–6:00 pm

ONLINE REGISTRATION

1. Log onto the School District of Whitefish Bay at www.wfbschools.com.
2. Click on the "Community & Recreation" link.
3. Click on the "Recreation Department" link.
4. Click on the page "Online Registration" to open the log-in page.

Make sure that you have your household ID number available. This number is the default for BOTH, username and password.



VIRTUAL LEARNING - (VL)

VL means virtual learning. If you see this next to a course offering, it means it is a virtual offering and you can participate from the comfort of your home.



CO-OP

CO-OP means cooperative programming that is hosted by a neighboring Recreation Department.



CO-OP CONTACT INFORMATION

NICOLET RECREATION DEPARTMENT
414-351-7566 www.nicolet.k12.wi.us

MEQUON/THIENSVILLE RECREATION DEPARTMENT
262-238-7535 www.mtsd.k12.wi.us

SHOREWOOD RECREATION DEPARTMENT
414-963-6913 www.shorewoodschoools.org

BROWN DEER PARKS & RECREATION DEPARTMENT
414-371-3070 www.browndeerwi.org



LIKE US ON FACEBOOK

NOTE: Don't wait to register...a \$10.00 late fee is assessed if you register on or after the start date of a program.

COMMUNITY FITNESS CENTER

Come Join Us Today!

Looking for a no hassle work-out? The Whitefish Bay High School Fitness Center is open to community members and provides both cardio and strength training equipment. Fitness Center Attendants are available to provide all new members an orientation to ensure proper use of equipment. Personalized fitness classes are also available to add on to your membership package. Research has shown that resistance and cardio training are a vital component for maintain a healthy mind and body!



FITNESS CENTER HOURS

Days: Mondays & Wednesdays
Mondays-Thursdays
Saturdays

Dates: June 3 – Aug. 31
Skip July 3 & 4

Time: 5:30-7:30 am
Time: 6:00-8:00 pm
Time: 8:00-11:00 am

MEMBERSHIP PACKAGE OPTIONS

Adult Fee: \$90.00-resident / \$100.00 non-resident

Course Code: 190305 A1

WFB Senior Fee: (Ages 55 and Up)
\$70.00-resident

Course Code: 190305 A2

LAP SWIM ADD-ON (ADULT / SENIOR)

Course Code: 190305 A3 **Fee:** \$20.00

Whitefish Bay High School Student Fee: \$22.00

Course Code: 180300 A1

FITNESS CLASS MEMBERSHIP ADD-ONS

See Descriptions for class details and fees.

PERSONAL TRAINING P. 41

WEIGHT TRAINING P. 41

Don't Miss Out on This Great Opportunity.

Sign Up Today!

SUMMER CAMP



K-CAMP

Location: Richards Elementary School, Room 112 and 114
Ages: K4 and K5 in the 2024/2025 school year
Note: **Registration Deadline:** Friday, May 24th
Days: Monday thru Friday **Time:** 7:30 am – 5:30 pm
Dates: June 24th – Aug 16th (skip July 4)
Course Code: 100001
Section Fee: res./non-res. \$275.00/\$285.00

The program provides care to incoming K4-K5 children in the 2024/2025 school year. They will have experiences that challenge their minds, spark lifelong friendships and that take them outdoors in and around the community! Each week activities are based on a fun summer theme. K-Campers will visit local parks, businesses, attend an off-site field trip to all kinds of fun places, from farms to the pool! Please use the K-Camp registration form to register online.

K-CAMP REGISTRATION PROCESS

Weekly camp fees are not prorated based on attendance. Full camp activity calendars, Parent Handbook can be found on our website at www.wfbschools.com. *This program will typically overflow during resident priority registration and go to the lottery. Residents are encouraged to register during priority registration to be part of the lottery process for the best chances to secure a spot. After the lottery takes place all registrations received are processed on a first-come, first-serve basis. **The Registration and Cancellation Deadline for this program is May 24th.** No withdrawals, schedule changes, request for credits, or refunds can take place after this deadline, unless there is a child on the waitlist that can fulfill your child's spot.

K-CAMP WEEKLY THEMES

* Field trips and Community Days are subject to change. The Community Day activity is either on-site or walking distance from Richards Elementary School.

SECTION / DATES	THEME	TUESDAY COMMUNITY DAY (*FIELD TRIP)	THURSDAY FIELD TRIP	WEEK SELECTION/FEE
Section A1: June 24–28	Movin' and Grovin'	Martial Arts Demo	Rock 'n' Jump	<input type="checkbox"/> res. \$275.00 <input type="checkbox"/> non-res. \$285.00
Section A2: July 1 – 5 *July 4 Closed Holiday Observance	Under the Sea	*Cedarburg Pool	Happy 4th of July! No Camp	<input type="checkbox"/> res. \$275.00 <input type="checkbox"/> non-res. \$285.00
Section A3: July 8–12	Animal Adventure	Ms.Kim's Amazing Animals Visit	Green Meadows Farms	<input type="checkbox"/> res. \$275.00 <input type="checkbox"/> non-res. \$285.00
Section A4: July 15–19	Five Senses	*Oak Ridge Farm	Pizza Making Demo	<input type="checkbox"/> res. \$275.00 <input type="checkbox"/> non-res. \$285.00
Section A5: July 22–26	Around the World	K-Camp Olympics	Brown Deer Pond	<input type="checkbox"/> res. \$275.00 <input type="checkbox"/> non-res. \$285.00
Section A6: July 29–Aug. 2	Into the Wild	Klode Park Scavenger Hunt	WEHR Nature Center	<input type="checkbox"/> res. \$275.00 <input type="checkbox"/> non-res. \$285.00
Section A7: August 5–9	Once Upon a Time	Storytime with WFB Children's Librarian	Whitefish Bay Library	<input type="checkbox"/> res. \$275.00 <input type="checkbox"/> non-res. \$285.00
Section A8: August 12–16	Superheros in Training	WFB Fire Dept. visit	Discovery World	<input type="checkbox"/> res. \$275.00 <input type="checkbox"/> non-res. \$285.00

TOTAL



K-CAMP REGISTRATION FORM



CAMPER INFORMATION

Last Name _____ First Name _____

Grade as of 2024/2025 School Year _____ Birthdate _____

Address _____

City/State _____ Zip _____ Phone _____

Does your child have any health concerns, allergies or special needs? If so, please list:

Will your child have any medication to be administered? If so, please contact the office for a medical authorization to administer form.

PARENT/GUARDIAN INFORMATION

Primary Guardian's Name _____

Primary Guardian's Cell Phone _____ Email _____

Secondary Guardian's Name _____

Secondary Guardian's Cell Phone _____ Email _____

Address _____

City/State _____ Zip _____ Phone _____

ALTERNATIVE EMERGENCY CONTACT

In case of emergency, the primary guardian's cell phone number will be called first. Please list an alternative emergency contact.

Last Name _____ First Name _____

Cell Phone _____

PARENT/GUARDIAN SIGNATURE

I hereby understand that my child has registered to participate in a program sponsored by the School District of Whitefish Bay Recreation Department. I acknowledge and will adhere to department policies described in the Recreation Department seasonal brochure. I understand that participating in this activity, like all activities, has some inherent risk. Furthermore, I certify that my child is in good physical condition and assume full responsibility for any injuries incurred. If not, I have noted limitations. No accident insurance is provided. Participants must obtain insurance prior to and for the duration of the activity. My child has permission to seek medical treatment in case of an emergency.

CREDIT CARD INFORMATION

CREDIT CARD NUMBER:

□□□□-□□□□-□□□□-□□□□

EXP. DATE:

□ M □ M □ Y □ Y

CVV#:

□□□

Signature _____

Card Holder Name (Print) _____

REGISTRATION OPTIONS



DROP OFF / MAIL

5205 N. Lydell Avenue
Whitefish Bay, WI 53217



ONLINE

www.wfbschools.com

PARENT WAIVERS & PERMISSIONS

- My child has permission to go on walking trips.
- My child has permission to ride the school bus for the field trips.
- My child has permission to have sunscreen applied by staff.
- My child has permission to have bug spray applied by staff.
- My child has permission to be photographed for promotional or education purposes.

DATE

PAYMENT INFORMATION:

- CHECK** Checks payable to Whitefish Bay Recreation Dept.
- CHARGE** credit card (Visa, Mastercard AmEx and Discover). **Cash is NOT accepted.**

TOTAL



SUMMER CAMP



CAMP CUMBERLAND AND CAMP RICHARDS

Location: Cumberland Elementary School, Great Room
Richards Elementary School, Great Hall

Ages: Grades 1 thru 6 as of the 2024/2025 school year

Course Code: 140103 – CUMBERLAND ELEMENTARY
140106 – RICHARDS ELEMENTARY

Dates: June 24th – Aug 16th (skip July 4th)

Days: Monday thru Friday

Times: All Day: 9:00am - 4:00 pm
Extended AM: 7:30 - 9:00 am
Extended PM: 4:00 - 5:30 pm

All-Day Weekly Section Fee (includes field trip): res./non-res. \$275.00/\$285.00

Extended AM Weekly Section Fee: res./non-res. \$15.00 /\$25.00

Extended PM Weekly Section Fee: res./non-res. \$15.00 /\$25.00

Camp Cumberland and Camp Richards offer our 1st – 6th graders a full day of activities that includes weekly themed outdoor games, arts and crafts, spirit days, contests, water days and field trips. It's summer camp at its best! Parents have the flexibility to choose the weeks they want their child/ren to attend. Extended care is offered for those families who need a little extra supervision before and after camp. Sign up for one week or all 8! Please use the Day Camp Registration Form or register online.

DAY CAMP REGISTRATION PROCESS

Please register your child for camp by Noon on the **Thursday** before the week you want your child to participate. Camp weeks can fill up quickly. Residents are encouraged to register during Priority Resident Registration to secure their spot. Payment is due in full at the time of registration. Weekly camp fees are not prorated based on attendance. Late registrations may or may not be accommodated and will be processed with a \$10.00 late fee. Camp welcome documents can be found on our website at www.wfbschools.com. Please use the Day Camp Registration Form or register online! Our Richards and Cumberland Day Camp schedule is not compatible with Whitefish Bay Summer School. If you are looking for care while your child attends Summer School please register for the **Summer School Wrap Camp**, more information on this program can be found on page 11.

CAMP CUMBERLAND AND CAMP RICHARDS WEEKLY THEMES

*Field Trips and Weekly Themes are subject to change

COURSE CODE	SECTION / THEME / DATE	EXTENDED (AM) 7:30-9:00AM	ALL DAY 9:00AM-4:00PM	EXTENDED (PM) 4:00-5:30PM	TOTAL WEEKLY FEE
<input type="checkbox"/> 140103 <input type="checkbox"/> 140106	Section A1: Ready, Set, Camp – June 24–28 Field Trip: Brown Deer Lanes	<input type="checkbox"/> res. \$15.00 <input type="checkbox"/> non-res. \$25.00	<input type="checkbox"/> res. \$275.00 <input type="checkbox"/> non-res. \$285.00	<input type="checkbox"/> res. \$15.00 <input type="checkbox"/> non-res. \$25.00	
<input type="checkbox"/> 140103 <input type="checkbox"/> 140106	Section A2: Red, White, and Blue July 1–5 (Holiday Observance Closed July 4th) Field Trip: Ozaukee Skateland	<input type="checkbox"/> res. \$15.00 <input type="checkbox"/> non-res. \$25.00	<input type="checkbox"/> res. \$275.00 <input type="checkbox"/> non-res. \$285.00	<input type="checkbox"/> res. \$15.00 <input type="checkbox"/> non-res. \$25.00	
<input type="checkbox"/> 140103 <input type="checkbox"/> 140106	Section A3: Through Time – July 8–12 *July 4 Closed Holiday Observance Field Trip: America's Action Territory	<input type="checkbox"/> res. \$15.00 <input type="checkbox"/> non-res. \$25.00	<input type="checkbox"/> res. \$275.00 <input type="checkbox"/> non-res. \$285.00	<input type="checkbox"/> res. \$15.00 <input type="checkbox"/> non-res. \$25.00	
<input type="checkbox"/> 140103 <input type="checkbox"/> 140106	Section A4: Super Stars – July 15–19 Field Trip: Fondy Aqua Park	<input type="checkbox"/> res. \$15.00 <input type="checkbox"/> non-res. \$25.00	<input type="checkbox"/> res. \$275.00 <input type="checkbox"/> non-res. \$285.00	<input type="checkbox"/> res. \$15.00 <input type="checkbox"/> non-res. \$25.00	
<input type="checkbox"/> 140103 <input type="checkbox"/> 140106	Section A5: Mad Scientist – July 22–26 Field Trip: Bear Paw Beach	<input type="checkbox"/> res. \$15.00 <input type="checkbox"/> non-res. \$25.00	<input type="checkbox"/> res. \$275.00 <input type="checkbox"/> non-res. \$285.00	<input type="checkbox"/> res. \$15.00 <input type="checkbox"/> non-res. \$25.00	
<input type="checkbox"/> 140103 <input type="checkbox"/> 140106	Section A6: Around the World – July 29–Aug. 2 Field Trip: Cedarburg Pool	<input type="checkbox"/> res. \$15.00 <input type="checkbox"/> non-res. \$25.00	<input type="checkbox"/> res. \$275.00 <input type="checkbox"/> non-res. \$285.00	<input type="checkbox"/> res. \$15.00 <input type="checkbox"/> non-res. \$25.00	
<input type="checkbox"/> 140103 <input type="checkbox"/> 140106	Section A7: Wet, Wild and Wacky – Aug. 4–9 Field Trip: Rockin Jump	<input type="checkbox"/> res. \$15.00 <input type="checkbox"/> non-res. \$25.00	<input type="checkbox"/> res. \$275.00 <input type="checkbox"/> non-res. \$285.00	<input type="checkbox"/> res. \$15.00 <input type="checkbox"/> non-res. \$25.00	
<input type="checkbox"/> 140103 <input type="checkbox"/> 140106	Section A8: Inventors Workshop – Aug. 12–16 Field Trip: Bay Beach Amusement Park	<input type="checkbox"/> res. \$15.00 <input type="checkbox"/> non-res. \$25.00	<input type="checkbox"/> res. \$275.00 <input type="checkbox"/> non-res. \$285.00	<input type="checkbox"/> res. \$15.00 <input type="checkbox"/> non-res. \$25.00	

TOTAL



DAY CAMP REGISTRATION FORM



CAMPER INFORMATION

Last Name _____ First Name _____

Grade as of 2024/2025 School Year _____ Birthdate _____

Address _____

City/State _____ Zip _____ Phone _____

Does your child have any health concerns, allergies or special needs? If so, please list:

Will your child have any medication to be administered? If so, please contact the office for a medical authorization to administer form.

PARENT/GUARDIAN INFORMATION

Primary Guardian's Name _____

Primary Guardian's Cell Phone _____ Email _____

Secondary Guardian's Name _____

Secondary Guardian's Cell Phone _____ Email _____

Address _____

City/State _____ Zip _____ Phone _____

ALTERNATIVE EMERGENCY CONTACT

In case of emergency, the primary guardian's cell phone number will be called first. Please list an alternative emergency contact.

Last Name _____ First Name _____

Cell Phone _____

REGISTRATION OPTIONS



DROP OFF / MAIL
5205 N. Lydell Avenue
Whitefish Bay, WI 53217



ONLINE
www.wfbschools.com

PARENT WAIVERS & PERMISSIONS

- My child has permission to go on walking trips.
- My child has permission to ride the school bus for the field trips.
- My child has permission to be photographed for promotional or education purposes.

PARENT/GUARDIAN SIGNATURE

I hereby understand that my child has registered to participate in a program sponsored by the School District of Whitefish Bay Recreation Department. I acknowledge and will adhere to department policies described in the Recreation Department seasonal brochure. I understand that participating in this activity, like all activities, has some inherent risk. Furthermore, I certify that my child is in good physical condition and assume full responsibility for any injuries incurred. If not, I have noted limitations. No accident insurance is provided. Participants must obtain insurance prior to and for the duration of the activity. My child has permission to seek medical treatment in case of an emergency.

CREDIT CARD INFORMATION

CREDIT CARD NUMBER:

□□□□-□□□□-□□□□-□□□□

EXP. DATE:

□□/□□

CVV#:

□□□

Signature _____

Card Holder Name (Print) _____

DATE

PAYMENT INFORMATION:

- CHECK** Checks payable to Whitefish Bay Recreation Dept.
- CHARGE** credit card (Visa, Mastercard AmEx and Discover). **Cash is NOT accepted.**

TOTAL





PRESCHOOL CAMP

- Instructor:** WFB Recreation Department Staff
- Location:** Lydell School & Community Center, Room 26
- Ages:** 3 years on or before June 24, 2024
- Days:** Monday thru Friday **Time:** 9:15 – 11:45 am
- Course Code:** 110101
- Section A1:** June 24 – July 5 (closed July 4)
- Section A2:** July 8 – July 19
- Section A3:** July 22 – Aug 2
- Section Fee:** res./non-res. \$160.00/\$170.00

Summer Preschool Camp offers fun opportunities for children who will turn 3 years of age on or before June 24, 2024. Come and enjoy play and friendship in both indoor and outdoor play areas. Children will be participating in a variety of activities including arts and crafts, story time, free play (indoor/outdoor). Preschoolers should attend with a water bottle and a small healthy snack each day. Preschool is a nut free environment. Please do not send snacks that contain nuts. Children must be toilet-trained.

KINDER CAMP

- Instructors:** WFB Recreation Department Staff
- Location:** Cumberland Elementary School, Room 116
Richards Elementary School, Room 104
- Ages:** Grades K4 or K5 as of 2024/2025 school year
- Days:** Monday thru Friday **Time:** 9:00 am – 12:00 pm
- Course Code:** 120101 – Richards
120102 – Cumberland
- Section A1:** June 24-June 28
- Section A2:** July 1- July 5 (Closed July 4)
- Section A3:** July 8- July 12
- Section A4:** July 15- July 19
- Section A5:** July 22- July 26
- Section A6:** July 29- August 2
- Section Fee:** res./non-res. \$85.00/\$95.00

Your child can come and enjoy a variety of activities that will promote and teach campers independence, classroom social skills and allow students to familiarize themselves with a school environment. The camp includes both indoor and outdoor activities. Kinder campers should attend with a water bottle and a healthy snack each day. Kinder camp is a nut free environment. Please do not send snacks that contain nuts.

SUMMER SCHOOL WRAP-AROUND CAMP

- Instructor:** WFB Recreation Department Staff
- Location:** Richards Elementary School, Room 5
- Ages:** Grades K5 thru 5 as of 2024/2025 school year
- Days:** Monday thru Friday **Time:** 8:00 am – 4:00 pm
- Course Code:** 110701
- Section A1:** June 24 – July 26 (skip week July 1-5)
- Section Fee:** \$525.00

This camp is specifically designed for those students who attend summer school. The camp will offer before and after summer school care according to each student's assigned Summer School session Monday through Thursday, and all-day care (8:00 am – 4:00 pm) on Fridays with outdoor play and intentionally planned enrichment activities based on the needs of the group. Students will have the opportunity to expand their learning of math and literacy skills through games, the arts, and outdoor play with their peers. Our teachers will help with the transition to and from their morning Summer School session and provide time for lunch and rest (if age appropriate). Participants should bring a water bottle, bag lunch and a small healthy snack. Camp is a nut free environment. Please do not send lunch or snacks that contain nuts.

SUMMER PLAYGROUND, MATH AND MORE

- Instructor:** Kevin Lazovik and Kelly Kubicki, Whitefish Bay School District Teachers
- Location:** Cahill Park Pavilion
- Ages:** Grades K5 thru 4 as of 2024/2025 school year
- Days:** Monday thru Friday **Time:** 9:00 – 4:00 pm
- Course Code:** 130505
- Section A1:** June 17 – June 21
- Section A2:** Aug 19 – Aug 23
- Section Fee:** res./non-res. \$225.00/\$235.00

Come and have your child join WFB Elementary School Teachers Kelly Kubicki and Kevin Lazovik for outdoor playground activities, LEGO building, math games, reading and more. The camp provides opportunities for kids to come together and enjoy enriching activities in a safe and positive environment. Camper arrival will take place from 9:00 - 9:30 am and the camp ends promptly at 4:00 pm each day. Campers will need to bring a bagged lunch, refillable water bottle and sunscreen to camp each day. Campers should dress to be outdoors and active (no flip-flops or crocs).

REGISTER TODAY!



DROP OFF / MAIL
5205 N. Lydell Avenue
Whitefish Bay, WI 53217



ONLINE
www.wfbschools.com



BLUE DUKE FRESHMAN ACADEMY

- Instructor:** Anna Gibson, WFB High School Teacher
- Location:** Whitefish Bay High School, Library Media Center
- Ages:** Grade 9 as of 2024/2025 school year
- Days:** Monday thru Thursday
- Dates:** July 22 – July 25
- Course Code:** 130504
- Section A1:** 10:00 am – 12:30 pm
- Section Fee:** res./non-res. \$75.00/\$85.00

Blue Duke Freshman Academy is specifically designed for incoming Whitefish Bay Freshmen who would like a more in-depth opportunity to learn about the resources that the Whitefish Bay High School offers to freshmen, tour the facility, walk your schedule, enroll in extracurricular activities, begin to organize your student Google Drive, as well as learn the keys to successful note-taking and study skills that will increase your success throughout your entire high school career. The week-long experience will end with a celebratory picnic lunch in the Whitefish Bay Community Garden. Please bring a bag lunch to the last class.

COLLEGE APPLICATION JUMPSTART

- Instructor:** Megan Greischar, WFB School Counselor
- Location:** Whitefish Bay High School, Room 216
- Ages:** Grade 12 as of 2024/2025 school year
- Days:** Tuesday thru Thursday
- Dates:** Aug 6 – Aug 8
- Course Code:** 130509
- Section A1:** 12:00 pm – 2:00 pm
- Section Fee:** res./non-res. \$50.00/\$60.00

Rising Seniors, are you ready to apply to college? Many colleges open their application processes during the summer months. This class is designed to help you get that jumpstart you need to be ready. Topics covered include: How to approach a college essay, how to fill out a college application using the Common Application, the UW System application or a college's own application and how to support your application after it's submitted. Students will have time to work on their essays and applications during class under the guidance of a veteran school and college counselor. Each student will receive personal attention and have the opportunity to ask questions. Parents and Seniors will be grateful to tackle their applications early!

MINDS ON MATH

- Instructor:** Karen Eyerer and Susan Jones, WFB School District Educators
- Location:** Richards Elementary School, Room 203
- Ages:** Grades 2 thru 5 as of 2024/2025 school year
- Days:** Monday thru Friday
- Dates:** June 24 – June 28
- Course Code:** 130510
- Section A1:** Grades 2 and 3 **Time:** 9:00 am – 11:00 am
- Section A2:** Grades 4 and 5 **Time:** 12:00 pm – 2:00 pm
- Section Fee:** res./non-res. \$125.00/\$135.00

If you have a curiosity for mathematics and the numbers, patterns and relationships found in the real world, then join us for an exploration of three-act math tasks and dive into a compilation of rich explorations designed to push your thinking and challenge what you think you

know. Representations, conversational talk moves, and mathematical reasoning will all be found in this opportunity for the enrichment of the expansion of the big ideas in mathematics.

MATH BOOSTERS

- Instructor:** Karen Eyerer and Susan Jones, WFB School District Educators
- Location:** Richards Elementary School, Room 203
- Ages:** Grades 2 thru 5 as of 2024/2025 school year
- Days:** Monday thru Friday
- Dates:** August 5-9
- Course Code:** 130511
- Section A1:** Grades 2 and 3 **Time:** 9:00 am – 11:00 am
- Section A2:** Grades 4 and 5 **Time:** 12:00 pm – 2:00 pm
- Section Fee:** res./non-res. \$125.00/\$135.00

Believe it or not, Math can be fun! In this class you'll brush up on some fact fluency, engage in a bit of gameplay and review place value concepts needed to create a strong foundation for the start of the new school year. Manipulatives, conversational talk moves and shared strategies/representations will be a part of this learning experience designed to review core skills and concepts in grade level mathematics.

STUDY SKILLS FOR MIDDLE SCHOOL STUDENTS

- Coordinator:** Mequon Thiensville Recreation Department
- Instructor:** Knowledge Studio One Staff
- Location:** Range Line School, Room 108, Mequon
- Ages:** Grades 6 thru 9 as of 2024/2025 school year
- Note:** **Registration Deadline:** Monday, Aug 5
- Days:** Monday thru Thursday
- Dates:** Aug 12 – Aug 15
- Course Code:** 161002
- Section A1:** Grades 6 and 7 **Time:** 8:30 am – 10:00 am
- Section A2:** Grades 8 and 9 **Time:** 10:30 am – 12:00 pm
- Section Fee:** res./non-res. \$190.00/\$210.00

Do you think your child has more academic potential? Does your child's homework not make its way home, or make it home but not back to school? Has your child been taught HOW to study? Ensure academic success for the 2024/2025 school year by enrolling your student in the Study Skills Workshop. Students will be taught how to organize and manage their time, habits and materials. They will learn how to take notes both from their textbooks and from teacher lectures. Students will also acquire test preparation and test-taking strategies. Start the upcoming school year right in every subject with strong study skills from Knowledge Studio One.



CHECK OUT OUR RecGram!

Emailed weekly to all household accounts and posted on Facebook with timely programming info!

NOTE: Don't wait to register... a \$10.00 late fee is assessed if you register on or after the start date of a program.



ACT WORKSHOP

Instructor: Fred Silver, Owner of North Shore Tutoring
Location: Live via Zoom
Ages: Grades 11 thru 12 as of 2024/2025 school year
Days: Monday thru Friday **Time:** 1:30 – 3:00 pm
Course Code: 181002
Section A1: July 15 – July 26
Section A2: July 29 – Aug 9
Section Fee: res./non-res. \$220.00/\$230.00

In this ACT workshop, students will learn how to identify the types of questions they will see on the four multiple-choice sections of the ACT test as well as a variety of strategies to attack the various questions. The instructor has designed this workshop based on 29 years of successfully helping students prepare for the ACT. Students will need to purchase a copy of The Official ACT Prep Guide 2024-2025 prior to the first session. Many students order the book from Amazon or purchase it at a local bookstore. Students will also need a blank spiral notebook.

JUNIOR JAMBOREE

Instructor: Dana Sherman, WFB Recreation Instructor
Location: Lydell School & Community Center, Room 19
Ages: 6 months thru 4 years
Days: Tuesdays
Course Code: 110301 8:45 – 9:15 am
 110302 9:25 – 9:55 am
 110303 10:05 – 10:35am
Section A1: June 4 – July 9
Section A2: Jul 23 – Aug 27
Days: Wednesdays
Course Code: 110304 8:45 – 9:15 am
 110305 9:25 – 9:55 am
 110306 10:05 – 10:35 am
Section A1: June 5 – July 10
Section A2: Jul 24 – Aug 28
Section Fee: res./non-res. \$66.00/\$76.00

Get moving and singing in this music class for children and their parents or caregivers. Your child will be immersed in children's songs, interactive finger play, creative dance music and the exploration of different rhythms. We hope you will learn some new songs while inspiring the love of music in your child. Bring your dancing feet and come share some special music moments together in this fun family class. Class will be held outside when weather permits.

WHITEFISH BAY COMMUNITY GARDEN VOLUNTEER PROGRAM

Coordinator: Miriam Gerriets, Whitefish Bay Community Garden Coordinator
Location: WFB Community Garden
Ages: 13 years and up
Days: Vary **Time:** Vary
Course Code: 190500
Section A1: April through October
Section Fee: FREE

The Whitefish Bay Garden needs you! The WFB Community Garden and its volunteers provide more than just rich soil for individuals and families to grow organic food, herbs and flowers. They also build social connections and provide a way to stay active and healthy. Volunteers

will be contacted by a weekly email to sign up for volunteer work times. Depending on seasonal chores, volunteers will take direction from the coordinator and prepare soil, weed, sow seeds and much more. Of course, you will reap the benefits of your hard work by receiving lots of fresh produce throughout the growing season. Participants under the age of 13 may volunteer with an adult. If you are interested in giving a monetary donation or in being a business sponsor, please call our main office at 963-3947.

CLAY STUDIO

Instructor: Brad Ribbeck, WFB High School Art Teacher
Location: WFB High School Ceramics Studio, Room 35
Ages: Grades 1 thru 8 as of 2024/2025 school year
Days: Monday thru Friday
Course Code: 150702 **Date:** July 8-July 19
Course Code: 150701 **Date:** July 29-Aug 9
Section A1: Grades 1 and 2 9:30 – 10:30 am
Section A2: Grades 3 and 4 11:00 am – 12:00 pm
Section A3: Grades 5 and 6 1:00 – 2:30 pm
Section A4: Grades 7 and 8 3:00 – 4:30 pm
Section A1 or A2 Fee: res./non-res. \$105.00/\$115.00
Section A3 or A4 Fee: res./non-res. \$115.00/\$125.00

We will explore a variety of sculptural and hand-building techniques with clay. You'll get a chance to try your hand on a potters wheel and be surprised by how many exciting works of ceramic art you'll be able to turn out. There will be a bonus project during the firing time of the clay art. Please bring a smock or apron every day.

HIGH SCHOOL POTTERY THROWING

Instructor: Sarah Doll, WFB High School Pottery Instructor
Location: WFB High School Ceramics Studio, Room 35
Ages: Grades 9 thru 12 as of the 2024/2025 school year
Days: Monday and Thursdays **Time:** 4:45 – 6:45 pm
Course Code: 170705
Section A1: June 17 - July 15 (No class July 4th)
Section Fee: res./non-res. \$140.00/\$150.00

This class is for beginner through advanced students with individualized instruction based on students' interests. Basic and advanced wheel-throwing techniques will be covered. Techniques for making a variety of forms such as bowls, vases, mugs, bottles and teapots will be demonstrated. Texture and altered forms will be explored as well as a variety of glazing and decorating techniques. The last day of class, July 15, will be used to pick up completed pieces.

FIMO CLAY CREATIONS

Instructor: Brad Ribbeck, WFB High School Art Teacher
Location: WFB High School Ceramics Studio, Room 37
Ages: Grades 3 thru 5 as of 2024/2025 school year
Days: Monday thru Friday **Time:** 10:00 – 11:30 am
Course Code: 140709
Section A1: June 24 – June 28
Section Fee: res./non-res. \$70.00/\$80.00

We will use FIMO and air-drying clays to create one-of-a-kind projects. We will create something new every day and, if students are interested, all of those creations can combine into one masterpiece by the end of the week. Come explore the world of clay!



OCEAN LIFE PASTEL DRAWING CAMP



Instructor: Don Eisenhauer and the Young Rembrandt Staff
Location: Lydell School & Community Center, Room 15
Ages: 7 thru 12 years
Days: Monday thru Friday **Time:** 12:45 – 2:45 pm
Course Code: 140701
Section A1: July 8 – July 12
Section Fee: res./non-res. \$119.00/\$129.00

Five, fun-filled days await our students as we explore ocean life as they learn to draw and color with pastels. We will create detailed, pastel compositions on each day, focusing on a different ocean-themed subject. We will draw eye-catching sea stars along the shoreline and a pair of vibrant clown fish. We will illustrate a sea turtle with bold patterns, a blue crab and a wondrous scene of jellyfish. Our instruction will bring remarkable results, and you will want to head to the frame shop with your child's finished pastel pieces. These pastel drawings will reward students with a great sense of pride and accomplishment. Enroll today!

BABY ANIMAL DRAWING CAMP



Instructor: Don Eisenhauer and the Young Rembrandt Staff
Location: Lydell School & Community Center, Room 15
Ages: 6 thru 12 years
Days: Monday thru Friday **Time:** 12:45 – 2:45 pm
Course Code: 140703
Section A1: Aug 5 – Aug 9
Section Fee: res./non-res. \$109.00/\$119.00

Embark on an enchanting 5 day journey through the diverse world of baby animals. Begin with the heartwarming realism of nature's young, from the gentle gaze of a fawn to playful otters. Transition into the whimsical Kawaii style, capturing those irresistibly cute, wide-eyed creatures. Add a twist as we imagine baby animals donning fashionable attire, blending humor with creativity. Dive into legends with mythical baby creatures, merging mystery with artistry. The week culminates in a grand composition, a testament to the skills and passion ignited throughout the workshop. Perfect for young artists eager to explore varied artistic styles while celebrating the charm of baby animals. Enroll today for a blend of creativity and cuteness!

CAMP CREATE - ART AND SEWING WORKSHOP

Instructors: Jeannie Bril and Terri Roller, WFB Recreation Department Instructors
Location: Lydell School & Community Center, Room 22 and Room 24
Ages: 8 thru 12 years
Days: Monday thru Friday **Time:** 9:00 – 11:15 am
Course Code: 160901
Section A1: June 17 – June 21
Section Fee: res./non-res. \$210.00/\$220.00

During this fun-filled camp, young makers will explore painting and drawing techniques, using a variety of artist's media while designing their own unique pieces. They will also be introduced to hand and machine sewing, creating altered journals, embellished pillows, and

other projects. Our two experienced instructors collaborate in teaching projects such as print-making, dying techniques, and more. We'll celebrate our creativity with an art show finale!

SCULPTURE CREATIONS

Instructor: Sarah Cottrill, WFB Recreation Department Instructor
Location: Lydell School & Community Center, Room 24
Ages: Grades 4 thru 9 as of 2024/2025 school year
Days: Monday thru Thursday **Time:** 1:00 – 3:00 pm
Course Code: 150705
Section A1: July 15 – July 25
Section Fee: res./non-res. \$110.00/\$120.00

Use your imagination to create 3D sculptures! Students will be creating a sculpture from paper-maché and paris craft gauze. They will learn to assemble the foundations for the sculpture and then cover them using paper-maché or paris craft gauze. Students will then add mixed media finishing touches. This class provides an opportunity to learn about the structural needs of sculpting. Students will problem-solve complications that could arise during creation.

PAPER AND PRINTMAKING

Instructor: Sarah Cottrill, WFB Recreation Department Instructor
Location: Lydell School & Community Center, Room 24
Ages: Grade 4 thru 9 as of 2024/2025 school year
Days: Monday thru Thursday **Time:** 1:00 – 3:00 pm
Course Code: 160704
Section A1: June 24 – June 27
Section Fee: res./non-res. \$75.00/\$85.00

Create your own paper and use a simple traditional printing press to add text. Students will learn how to make paper. The class is process-based and encourages experimentation, creativity and problem-solving. Pages can be bound together into a book or used for any other artistic or writing endeavor. A simple old-fashioned printing press and type will be used in class to add text to the handcrafted paper.

INTRO TO ACRYLIC PAINTING

Instructor: Sarah Cottrill, WFB Recreation Department Instructor
Location: Lydell School & Community Center, Room 24
Ages: Grades 4 thru 8 as of 2024/2025 school year
Days: Monday thru Friday **Time:** 1:00 – 3:00 pm
Course Code: 140716
Section A1: Aug 12 – Aug 16
Section Fee: res./non-res. \$90.00/\$100.00

Paint on canvas using acrylic paint with the opportunity to participate in a class project. The students will discuss different artists and the styles those artists used. They will begin to develop a style for themselves to create their painting. The class may create a group project to bring students' ideas together. Students will also learn basic elements of design to help complete their artwork.

REGISTER TODAY!



DROP OFF / MAIL
 5205 N. Lydell Avenue
 Whitefish Bay, WI 53217



ONLINE
www.wfbschools.com



DIGITAL PHOTO BASICS

Instructor: Brad Ribbeck, WFB High School Art Teacher
Location: Whitefish Bay High School, Media Center, Room 234
Ages: Grades 2 thru 8 as of 2024/2025 school year
Days: Monday thru Friday **Time:** 1:00 – 3:00 pm
Course Code: 141108
Section A1: June 24 – June 28
Section Fee: res./non-res. \$95.00/\$105.00

Budding photographers will learn more about the “ins and outs” of the digital camera. Photos will be used to create digital negatives and make cyanotypes (sunprints). Students will leave with their digital portfolio on a jump drive, as well as their sunprints and printed versions of their strongest photographs. Students will need to bring a small “point and shoot” digital camera, camera’s USB cord and a flash/jump drive.

SUMMER BAND

Instructor: Ken Carson, WFB Band Teacher
Location: Whitefish Bay Middle School, Room 126
Ages: Grades 5 thru 9 as of 2024/2025 school year
Days: Monday thru Friday **Time:** 11:00 am – 12:00 pm
 Group Lesson (day of the week TBD)
Time: between 8:00 – 11:00 am
Course Code: 160502
Section A1: June 17 – July 12
Section Fee: res./non-res. \$90.00/\$100.00

Strike up the band, Summer Band is back! In addition to a daily full band rehearsal, one group lesson between 8 am and 11 am will be held per week. The Group Lesson will be scheduled by Mr. Carson during the first band rehearsal on June 17th. The highlight for the summer band members will be their participation in the WFB 4th of July Parade and a concert on the last day of class. Fifth graders should have completed one year of lessons with their band instrument in order to register for this program.

JUMPSTART ORCHESTRA

Instructor: Christine Annin, WFB Orchestra Instructor
Location: WFB High School, Orchestra Room 157
Ages: Grades 5 & 6 as of 2024/2025 school year
Days: Monday thru Friday
Dates: July 8-July 12
Course Code: 160503
Section A1: Students entering Grades 5 and 6 (or 1-2 years experience) **Time:** 9:15- 10:15 am
Section A2: Students entering Grades 7 and 8 (or with 2+ years experience) **Time:** 10:30-11:45 am
Section Fee: res./non-res. \$48.00/\$58.00

Students in Section 1 will review playing posture and technique, build on note-reading skills, explore improvisation, and reinforce the skills needed to play in an ensemble.

Students in Section 2 will continue to explore multi-part orchestral music and improvisation with additional finger patterns and bow techniques. There will be an informal performance at the end of the week, time TBD.

STAGE STARS CAMP

Instructors: Afterschool Enrichment Solutions Staff
Location: Lydell School & Community Center, Room 15
Ages: Grades K5 thru 6 as of 2024/2025 school year
Days: Monday thru Friday **Time:** 10:00 – 11:30 am
Course Code: 140201
Section A1: July 8 – July 12
Section Fee: res./non-res. \$155.00/\$165.00

Does your child have a “dramatic side”? You might have a budding Stage Star in your family! Our drama class introduces students to the craft of stage acting with a skilled theater instructor. During this exciting class, students will learn theatrical skills, improv basics, and participate in interactive drama games. This class provides opportunities for students to have fun, express themselves, gain confidence, and interact with others, all within the context of theater arts.

STEAM CAMP

Instructors: Afterschool Enrichment Solutions Staff
Location: Lydell School & Community Center, Room 15
Ages: Grades K5 thru 5 as of 2024/2025 school year
Days: Monday thru Friday **Time:** 10:00 – 11:30 am
Course Code: 140202
Section A1: Jun 24 – Jun 28
Section Fee: res./non-res. \$159.00/\$169.00

This exciting program from Afterschool Enrichment Solutions brings together elements of science, art and math in a hands-on, action-packed environment! Students will conduct experiments, play educational games, and unlock their creativity through building challenges and projects. No experience necessary!

MUSICSTART CAMP

Instructor: Afterschool Enrichment Staff
Location: Lydell School & Community Center, Room 15
Ages: Grades K5 thru 4 as of 2024/2025 school year
Days: Monday thru Friday **Time:** 10:00 – 11:30 am
Course Code: 130502
Section A1: Aug 5 – Aug 9
Section Fee: res./non-res. \$166.00/\$176.00

Learn to read music and play tunes! Brought to you by AES and The Music Path Company, this amazing program teaches young students the beginnings of music! Using specialized, proprietary MusicStart keyboards, students learn to play familiar tunes in a group setting by color, letter, and note matching while using problem-solving strategies - without sacrificing any important musical knowledge - we are not taking shortcuts to playing and reading music. Prepare your student to take any instrument by giving them a solid musical foundation with this exciting program!





INTRODUCTION TO MAGIC

- Coordinator:** Shorewood Recreation Department
- Instructor:** Glen Gerard, Professional Magician
- Location:** Shorewood High School Library South Room, Shorewood
- Ages:** Grades 3 thru 8 as of 2024/2025 school year
- Course Code:** 150505
- Section A1:** Monday, June 24 **Time:** 10:00 – 11:30 am
- Section Fee:** res./non-res. \$20.00/\$30.00

Professional magician, Glen Gerard, teaches stunning magic tricks that you can perform with items found around the house. Students will learn sleight of hand, misdirection and showmanship. Fool your friends and family with magic and be a hit at any event!

CODING FOR KIDS - BEGINNER

- Instructor:** Kevin Reitman, WFB Coordinator of Instructional Technology
- Location:** Richards Elementary School, Maker Space
- Ages:** Grades 2 thru 5 as of 2024/2025 school year
- Days:** Monday thru Thursday
- Time:** 3:30 – 5:00 pm
- Course Code:** 131001
- Section A1:** Aug 5 – Aug 8
- Section Fee:** res./non-res. \$75.00/\$85.00

Students will learn the basics of computer programming and coding through a variety of fun and engaging challenges. The class provides an opportunity to create and explore while using code as well as learn how to think like a computer programmer. This course is designed for students with little or no knowledge of coding, programming, and robotics. (can have taken 1 coding class prior) Students do not need to bring a device, but can bring their own headphones if they wish; Chromebooks will be supplied.

CODING FOR KIDS - MUSIC AND SOUND

- Instructor:** Kevin Reitman, WFB Coordinator of Instructional Technology
- Location:** Richards Elementary School, Maker Space
- Ages:** Grades 3 thru 5 as of 2024/2025 school year
- Days:** Monday thru Thursday
- Time:** 3:30 – 5:00 pm
- Course Code:** 131001
- Section A2:** Aug 12 – Aug 15
- Section Fee:** res./non-res. \$75.00/\$85.00

This course will explore the world of music and sound and how it relates to Computer Science. Students will program dance parties, musical art, be a DJ, and create their own music videos. This course is designed for students that have already taken Coding For Kids at the WFB Rec Department OR have some experience coding on their own. The class will expand on concepts learned from Coding For Kids- Beginner Level 1 and will be primarily using Scratch.

CODING FOR KIDS CAMP - VIDEO GAME DESIGN

- Instructor:** Kevin Reitman, WFB Coordinator of Instructional Technology
- Location:** Richards Elementary School, Maker Space
- Ages:** Grades 2 thru 5 as of 2024/2025 school year
- Days:** Monday thru Thursday
- Time:** 3:30-5:00 pm
- Course Code:** 131001
- Section A3:** Aug 19-Aug 22
- Section Fee:** res./non-res. \$75.00/\$85.00

This course is designed for students that have already taken Coding for Kids at the WFB Rec Department OR have experience coding on their own. The class will expand on concepts learned from Coding for Kids - Level 1 and will be primarily using Scratch. The class will include video game design as well as applying their learning to basic devices. Students do not need to bring a device, but can bring their own headphones if they wish.

MINECRAFT

- Coordinator:** Shorewood Recreation Department
- Instructor:** Nick Burkee
- Location:** Shorewood High School, Graphic Arts Lab Room 133
- Ages:** Grades 1 thru 6
- Day:** Saturdays
- Dates:** Jun 15 – July 27
- Course Code:** 141101
- Section A1:** Grades 1 thru 3 **Time:** 1:00 – 2:00 pm
- Section A2:** Grades 4 thru 6 **Time:** 2:15 – 3:15 pm
- Section Fee:** res./non-res. \$26.00/\$36.00

Are you looking for a place to make new friends while improving your skills at Minecraft? Try new mini-games and build some amazing team projects. Each week will include a new project or challenge that will push your creativity to the limits.

CHESS SCHOLARS CAMP

- Instructor:** After School Enrichment Staff
- Location:** Lydell School & Community Center, Room 15
- Ages:** Grades K5 thru 8 as of 2024/2025 school year
- Days:** Monday thru Friday **Time:** 10:00 – 11:30 am
- Course Code:** 130503
- Section A1:** July 22 – July 26
- Section Fee:** res./non-res. \$150.00/\$160.00

Develop your child's intellect through the royal game of Chess! This camp is perfect for beginners as well as experienced players. Each day of camp will consist of a fun, interactive teaching period, followed by guided practice time, allowing the students to play against one another while being coached by an experienced instructor. The camp session will conclude with a non-elimination tournament.

**DON'T WAIT...
IT MIGHT BE TOO LATE...**

Decisions on whether to run or cancel a program due to low enrollment typically take place one week prior to a program start date. We hate to cancel classes due to late registrations.

PLEASE DON'T WAIT TO REGISTER.



SAFE SITTER® ESSENTIAL WITH CPR

- Instructor:** Teresina Simmons, RN
- Location:** Lydell School & Community Center, Room 17
- Ages:** 11 years and up
- Time:** 8:30 am – 4:00 pm
- Course Code:** 161001
- Section A1:** Tuesday, June 18
Registration Deadline: Tuesday, June 11
- Section A2:** Tuesday, July 16
Registration Deadline: Tuesday, July 9
- Section A3:** Tuesday, August 20
Registration Deadline: Tuesday, August 13
- Section Fee:** res./non-res. \$140.00/\$150.00

This course will be taught using the Safe Sitter® Essentials with CPR curriculum. Safe Sitter® is designed to prepare students to be safe when they're home alone, watching younger siblings, or babysitting. The instructor-led class is filled with fun games and role-playing exercises. Students will learn Safety Skills: How to prevent unsafe situations and what to do when faced with dangers such as power failures or weather emergencies. Child Care Skills: Tips to manage behavior that will help them stay in control of themselves and the children in their care. Students also learn the ages and stages of child development, as well as practice diapering. First Aid & Rescue Skills: Choking rescue and CPR is often students' favorite part of the class. Students also learn a system to help them assess and respond to injuries and illnesses. Life & Business Skills: The ability to screen jobs, discuss fees, and greet employers will set students up for success now and in the future. Students practice these skills through various role plays. Participants should bring a lunch, notebook and pencil to class.

SPANISH SUMMER CAMP: VAMOS A IMAGINAR "LET'S IMAGINE"



- Instructor:** Futura Language Professionals
- Location:** Live Virtual via Zoom
- Ages:** Grades 1 thru 5 as of 2024/2025 school year
- Days:** Monday thru Thursday Time 4:15 – 5:00 pm
- Course Code:** 141001
- Section A1:** June 10 – June 13
- Section Fee:** res./non-res. \$75.00/\$85.00

In this thrilling LIVE virtual summer camp, students will use their imagination and learn Spanish vocabulary related to their favorite themes- superheroes, princesses, magic, dinosaurs, mermaids, unicorns, and more! Each class students will explore age-appropriate adventures- All in Spanish! Basic conversation and Spanish vocabulary such as colors and counting will be incorporated to build on their skills each week. Class will include interactive activities learning Spanish vocabulary and practical conversation elements. Join us on a magical adventure!

3, 2, 1 BLAST OFF! SPORT MODEL ROCKETRY

- Instructor:** Jeff Biskowitz, Owner of BiskoTech
- Location:** WFB High School, Link
- Ages:** 5 thru 12 with an adult guardian
13 thru 17 without an adult guardian
- Day:** Saturdays **Time:** 9:15 am – 12:00 pm
- Dates:** July 27 – Aug 10
- Course Code:** 142104

- Section A1:** "Adult/Child Pair" or "13+ year old"
- Section A1 Fee:** res./non-res. \$75.00/85.00
- Section A2:** Additional Child
- Section A2 Fee:** res./non-res. \$30.00/40.00
- Note:** Participants should bring \$35 to the class for the cost of rocket and launch materials.

Back by popular demand, it's time to blast off again! Come experience the fun, exciting and safe hobby of model rocketry. In this course, you and your child/grandchild will get to experience the thrill of building and flying a real model rocket. You will learn the basic parts of a model rocket, skills for proper construction, pre-flight preparation, launch activities and safety procedures. You will even build your own electrical launch controller and launch pad. For the final session, your family and friends are invited to watch us launch the rockets at a nearby park. The rocket and launch equipment are then yours to keep so you can stage your own future flights. This class debuted over 15 years ago and was a fan-favorite for so many participants and all the family members and friends that came out for the rocket launches! And now you can be part of the fun, as we bring it back for one more time this summer. The first two classes will cover all of the rocket building (we'll even supply bagels and snacks) and in the third class, we will launch our creations! This year's rocket launch is scheduled for August 10th (rain date August 11th).

ALL-DAY STEM CAMP: THE SCIENCE OF SLIME



- Instructor:** Mad Science Staff
- Location:** Lydell School & Community Center, Room 19
- Ages:** 5 thru 12 years
- Course Code:** 142101
- Section A1:** Wednesday, June 19 **Time:** 8:30 am – 4:30 pm
- Section Fee:** res./non-res. \$115.00/125.00

We'll set up the Mad Science Lab for Junior Scientists to mix, brew and mush up several batches of Slime!!! That's right; this one-day camp is all about creating gooey globs of fun, better known as "slime". With the help of Mad Scientist instructors, Junior Scientists will get to whip up several different slime recipes and spend the day learning about polymers. Glitter Slime, glow in the dark slime, orb slime, the possibilities are endless as kids experiment at our Slime Bar and create three different kinds of polymers. Junior Scientists will also test their slime creations in a series of fun games and activities known as the Slime Olympics! Children should bring a lunch, water bottle and snack to camp - no peanut products.

ALL-DAY STEM CAMP: MAD SCIENTIST'S LABORATORY



- Instructor:** Mad Science Staff
- Location:** Lydell School & Community Center, Room 19
- Ages:** 5 thru 12 years
- Course Code:** 140504
- Section A1:** Wednesday, July 17 **Time:** 8:30 am – 4:30 pm
- Section Fee:** res./non-res. \$115.00/\$125.00

Become an aerospace engineer as you work in teams to build a real model rocket! We'll learn about the amazing forces that affect flight and put those forces to the test as we watch our rockets blast off high into the sky. Campers will also get their own Mad Science Shuttle Copter to take home! Children should bring a lunch, water bottle and snack to camp - no peanut products.

NOTE: Don't wait to register... a \$10.00 late fee is assessed if you register on or after the start date of a program.



UNDERGROUND EXPLORERS



Instructor: Mad Science Staff
Location: Lydell School & Community Center, Room 15
Ages: 7 thru 12 years
Days: Monday thru Friday **Time:** 8:00 am – 12:00 pm
Course Code: 122102
Section A1: Aug 19 – Aug 23
Section Fee: res./non-res. \$297.00/\$307.00

Calling all Jr. Archaeologists and Paleontologists! Uncover the mysteries of ancient civilizations, explore the history of dinosaurs; dig up the ancient past! Learn about archaeology; the techniques scientists use to excavate long lost cities. Discover ancient civilizations; the tools and artifacts they used in everyday life. Kids will love to study bone fragments, pottery shards, amber deposits, and fossils! Camp is filled with cool take homes such as amber keychains, world coins, plaster hand cast and more! Children should bring a water bottle and snack to camp every day - no peanut products.

WORLD OF DESIGN CAMP



Instructor: Mad Science Staff
Location: Cumberland Elementary School, Room 4
Ages: 6 thru 12 years
Days: Monday thru Friday **Time:** 8:00 am – 12:00 pm
Course Code: 142105
Section A1: Aug 12 – Aug 16
Section Fee: res./non-res. \$297.00/\$307.00

Crayola® World of Design is a summer camp that takes kids on a journey to the edges of their imagination – and beyond! They learn about Mars, the rainforest, and cities of the future, and get engaged in the creative design process to solve real-world problems. Each camp day focuses on a specific field of design, and our young architects, illustrators and graphic designers develop their ideas from concept, to sketch, to finished product. They bring their concepts to life by experimenting with Crayola® products, and exploring art techniques like sculpting, storyboarding, mixed media, and collage. Combining art, design, fun active games and inspiring themes from around the world, this camp is designed to inspire! Crayola Imagine Arts Academy has always made the safety and security of kids in our programs an utmost priority. Children should bring a water bottle and snack to camp every day - no peanut products.

NASA CAMP: ACADEMY OF FUTURE SPACE EXPLORERS



Instructor: Mad Science Staff
Location: Lydell School & Community Center, Room 15
Ages: 5 thru 12 years
Days: Monday thru Friday **Time:** 8:00 – 12:00 pm
Course Code: 142102
Section A1: July 29 – Aug 2
Section Fee: res./non-res. \$297.00/\$307.00

Mad Science has teamed up with NASA in a quest for exploration! We'll take a voyage of discovery into the atmosphere and beyond as we explore planets, moons, and other space phenomena in our solar system. Things will heat up as we examine the sun and other stars and discover the difficulties of space travel! Kids will get a firsthand experience of the challenges of living in space as they try to assemble a satellite while training to be an astronaut. For added fun, we'll learn about the various technologies that make space exploration possible while bouncing lasers around the room! Kids will love to build their own

Mad Science Skyblazer Rocket and participate in a real "NASA" style rocket launch. Campers will receive many cool NASA take homes! Children should bring a water bottle and snack to camp every day - no peanut products.

PIRATES, ALIENS, ROBOTS AND WHO?

Instructor: Computer Tots/Explorers Staff
Location: Lydell School & Community Center, Gym
Ages: 4 thru 6 years
Days: Monday thru Thursday **Time:** 9:00- 10:00 am
Course Code: 141107
Section A1: Aug 19 – Aug 22
Section Fee: res./non-res. \$60.00/\$70.00

Alas...the Pirates have landed and are looking for their Treasure Chest! This class is filled with robots of every kind and chock full of adventures! Go on a treasure hunt with Roamer the Robot, dig up dinosaur bones with Bee Bot, rev your engines with Speedy the Race Car, land on the moon with the aliens from outer space, and much more. Students will work with several versions of LOGO Programming (simple sequence programming using numbers, shapes, colors). Guaranteed to generate smiles, giggles and laughs every class.

STEM MIX MANIA!



Instructor: Computer Tots/Explorers Staff
Location: Lydell School & Community Center, Room 24
Ages: 4 thru 6 years
Days: Monday thru Thursday **Time:** 10:15 – 11:15 am
Course Code: 141104
Section A1: Aug 19 – Aug 22
Section Fee: res./non-res. \$60.00/\$70.00

Think LEGO Engineering, Coding 101 with floor robots, K-nex projects, Science experiments, and much more. It's time to meet the Robots, perform magnetic magic, build working catapults and explore classes that can be customized to the students interests. This class is guaranteed to keep the students engaged and encouraged to experiment with new and exciting areas in the STEM world!

TINY TOTS BALLET

Instructor: Miss Ceci Broussard, WFB Recreation Instructor
Location: Lydell School & Community Center, Room 19
Ages: 3 thru 4.5 years
Days: Tuesdays and Thursdays **Time:** 4:00 – 4:40 pm
Course Code: 110401
Section A1: July 9 – July 25
Section Fee: res./non-res. \$50.00/\$60.00

Your child will love moving to various tempos of music and learning some introductory ballet terminology this summer. Dancers will also increase body awareness, coordination and listening skills. Clothing for active movement and footwear such as ballet slippers are recommended.

BALLET AND CREATIVE DANCE

Instructor: Miss Ceci Broussard, WFB Recreation Instructor
Location: Lydell School & Community Center, Room 19
Ages: 4.5 thru 6 years
Days: Tuesdays and Thursdays **Time:** 4:50 – 5:30 pm
Course Code: 130401
Section A1: July 9 – July 25
Section Fee: res./non-res. \$50.00/\$60.00



A creative opportunity to develop coordination and listening skills while learning to dance and move to various tempos of music! Some preliminary ballet steps will be taught. Clothing for active movement and footwear such as ballet slippers are recommended.

ELEMENTARY BALLET AND TAP

Coordinator: Mequon Thiensville Recreation Department
Instructor: Academy of Dance Arts Instructor
Location: Academy of Dance Arts
 9036 N 51st Street
 Brown Deer, WI 53223
Ages: 5 thru 7 years
Day: Wednesdays **Time:** 5:00 – 6:00 pm
Note: **Registration Deadline:** Wednesday, June 12
Course Code: 150405
Section A1: June 19 – Aug 14
Section Fee: res./non-res. \$110.00/\$120.00

Students will learn basic ballet terminology, basic barre work, and begin center work in ballet. Beginner tap technique and terminology will also be started. Dress code is a leotard, tights, leather ballet slippers for ballet and any color tap shoes. There will be a Performance/Costume Day on the last day of the class. The costume is included in the registration cost.

HIP HOP DANCE

Coordinator: Mequon Thiensville Recreation Department
Instructor: Academy of Dance Arts Instructor
Location: Academy of Dance Arts
 9036 N 51st Street
 Brown Deer, WI 53223
Ages: 7 thru 10 years
Day: Wednesdays **Time:** 6:15 – 7:00 pm
Note: **Registration Deadline:** Wednesday, June 12
Course Code: 150404
Section A1: June 19 – Aug 14
Section Fee: res./non-res. \$110.00/\$120.00

Learn the latest hip-hop moves and techniques taught in a gentle format. A final dance will be created that is fun and energetic. Comfortable stretch clothing must be worn with tennis shoes. All music will be age and content-appropriate. There will be a Performance/Costume Day on the last day of the class. The costume is included in the registration cost.

SUMMER POM DANCE CLINIC

Instructors: Coach Nicolette Camacho and the WFBHS Dance Team
Location: WFB High School Memorial Gym
Ages: K5 thru 5 by 2024/2025 school year
Note: **Registration Deadline:** Friday, June 28
Days: Tuesday thru Thursday
Dates: Aug 27 – Aug 29
Course Code: 130404
Section A1: Grades K5 – 2 **Time:** 8:30 – 10:30 am
Section A2: Grades 3 – 5 **Time:** 11:00 am – 1:00 pm
Performance: WFB Varsity Football Game
 Friday, Sept 6th
 6:30 – 8:30pm
Section Fee: res./non-res. \$95.00/\$105.00

The WFB High School Blue Duke Dancers invite you to attend a pom and dance camp instructed by the 2024/2025 team members and coaches. The camp is open to students entering K5-5th grade. Participants will learn dance techniques and skills for a routine they are invited to perform at a Varsity football game! All performers will be given a t-shirt and their own pair of pom poms. Please wear athletic shoes and clothing that is easy to move in and bring a water bottle to camp. Join us for a fun experience!

SUMMER CHEER CLINIC

Instructors: Coach Miranda Keller and WFBHS Cheer Team Staff
Location: WFB High School Memorial Gym
Ages: K4 thru 5 by 2024/2025 school year
Note: **Registration Deadline:** Monday, August 12
 *no refunds or credit after this date
Days: Tuesday and Thursday
Dates: Aug 20 and Aug 22
Course Code: 130405
Section A1: Grades K4 – 1 **Time:** 11:40 am Check-In
 Practice 12:00 – 1:00 pm
Section A2: Grades 2 – 5 **Time:** 1:20 pm Check-In
 Practice 1:30 pm – 3:00 pm
Performance: WFB Varsity Football Game - Friday, Aug 23
 6:30 pm Check-In Grades K4-5
 7:00 pm Kick Off
 8:00 pm Performance
Section Fee: res./non-res. \$100.00/\$110.00

Cheer on the sidelines and perform with the WFBHS Varsity Cheerleading Team at a Varsity football game! We invite you to attend our fall Cheer Clinic instructed by Coach Keller, the 2024-2025 team members, and team staff. This clinic is open to students in K4-5th grade. Participants will learn a variety of cheerleading skills such as sideline cheers, tumbling, ground stunts, and a cheer-dance routine. All performers are invited to perform at the Varsity football game! All performers will be given their own t-shirt, cheer bow, and cheer poms! Please wear athletic shoes and clothing that is easy to move in. Join us for a fun experience under the Friday night lights!



WHITEFISH BAY COMMUNITY GARDEN VOLUNTEER PROGRAM

VOLUNTEERS NEEDED

- WFB Community Garden
- 13 years and up
- April through October

See page 47 for details



YOUTH ENRICHMENT



YOUTH YOGA

Instructor: Katie Reitman, WFB Recreation Department Instructor

Location: Lydell School & Community Center

Days: Tuesday thru Friday

Course Code: 130301

Section A1: June 25 – June 28 **Ages:** 3 thru 6 years

Time: 9:00 – 9:45 am **Room:** 15

Section A2: July 9 – July 12 **Ages:** 7 thru 11 years

Time: 2:00 – 2:45 pm **Room:** 17

Section Fee: res./non-res. \$95.00/\$105.00

Kids will have fun and move their bodies in this interactive class. Balance, stretch, move and jump, learn strengthening yoga moves and calming breathing techniques. A great workout using strength and balance and fun for all. Participants should bring their own yoga mat, if they have one. The instructor will have a few to borrow.



Lydell Preschool

An exceptional place for young hearts and minds

We believe that children are unique, creative individuals who have the ability to influence their own learning.

Our dedicated staff challenges students to reach their full potential, while providing an environment that is balanced between socialization, academics, and recreation.

CLASSROOM SPOTS ARE STILL AVAILABLE!

Space is limited, so drop off your enrollment form today!

(Forms must be handed in person to the Lydell School & Community Center office.)

We offer two different sessions from 9:00 - 11:30am:

Monday/Wednesday/Friday or

Tuesday/Thursday



Early Childhood Program

Age Requirement:

Children must be 2 years old by September 1st, 2024



Preschool Program

Age Requirement:

Children must be 3 years old by September 1st, 2024



For more information and rates, please call Caitlin Carani at (414)963-3801 or visit www.wfbschools.com/community-recreation



ADVENTURE CAMP

Instructor: Riverwest Outdoor Educational Adventures Staff

Ages: 8 thru 12 years

Days: Monday thru Friday **Time:** 9:00 am – 12:00 pm
Schedules could change due to inclement weather.

Course Code: 141301

Section A1: June 17 – June 21 Co-ED

Section A2: July 8-July 12 Co-ED

Section A3: July 22 – July 26 Co-ED

Section A4: August 5-August 9 *Girls Only

Section Fee: res./non-res. \$180.00/\$190.00

This 5-day program offers youth the opportunity to experience rock climbing, rappelling, canoeing, kayaking, biking and hiking- all within the city limits. This is all done under the tutelage of experienced staff. Training on equipment and safety will be discussed in order to guarantee a safe and successful experience for your child. You will receive an email the week prior to camp with the specific pick-up/drop off locations for each day of camp. If the schedule needs to be changed due to inclement weather, we will notify you of the schedule change as early as possible. The weekly schedule for each session will be the following; Mon: Kayak/Canoe, Tue: Rock Climb, Wed: Kayak/Canoe, Thurs: Bike, Fri: Hike

Adventure Camp Supplies: All major equipment is supplied except for the items listed. Participants should also bring a small backpack with sunscreen, bug spray, snack, towel and water in a plastic container each day. Canoeing/Kayaking: Bring towel and clothes to get wet in. Rock Climbing: Wear loose fitting clothes and sturdy shoes. Biking: Bring your own bike and bike helmet. Hiking: Wear sturdy shoes.

TABLE TENNIS CAMP

Coordinator: Shorewood Recreation Department

Instructor: Linda Leaf, National Youth Table Tennis Organization Coach

Location: Shorewood Intermediate School Gym, Shorewood

Ages: Grades 3 thru 12 as of 2024/2025 school year

Dates: July 22 – Aug 1

Days: Monday thru Thursday

Course Code: 151201

Section A1: Grades 3 – 6 **Time:** 9:30 – 11:15 am

Section A2: Grades 7 – 12 **Time:** 11:15 – 1:00 pm

Section Fee: res./non-res. \$160.00/\$180.00

This is a table tennis training camp. Students will learn some of the important fundamental techniques of the sport of table tennis, including forehand and backhand strokes, serving, how to return and put spin on the ball, and the official rules. Footwork will be stressed. The course will be conducted by Linda Leaf, the only USATT and ITTF Certified Level II Table Tennis Coach in Wisconsin.

REGISTER TODAY!



DROP OFF / MAIL

5205 N. Lydell Avenue
Whitefish Bay, WI 53217



ONLINE

www.wfbschools.com



KEEP KOOL - SUMMER SKATE at USM Beat the Heat & Learn How to Skate at the Same Time!

Instructor: Jill Herbst, Director of USM Learn to Skate Program
Location: Polly and Henry Uihlein Ice Arena at University School
University School, 2100 W. Fairy Chasm Road, River Hills, WI 53217

LEARN TO SKATE

Ages: 3-18
Level: Beginner through Advanced
Days: Tuesdays and Thursdays
Dates: June 18-August 1 (No class on July 4)
Code: 131202
Section A1: 3:45-4:30 pm (Skate and Hockey)
Section A2: 4:30-5:15 pm (Skate and Figure Skating)
Section Fee: res./non-res. \$285.00/\$295.00

No ice-skating experience necessary. Ice skating activities include games, mazes, snowball toss, ice art, strength and conditioning, skills and drills.

FIGURE SKATING

Ages: 7-18
Level: Advanced
Days: Tuesdays and Thursdays
Dates: June 18-August 1 (No class on July 4)
Code: 131201
Section A1: 2:15-3:30 pm
Section Fee: \$395.00/\$405.00

This camp is designed to further develop individual skills and techniques of figure skaters, while building strength and confidence on ice. Focus will be on jumps, spins, power, style, choreography and performance.

LEARN TO PLAY HOCKEY

Ages: 4-8
Level: Beginner thru Advanced
Days: Thursdays
Dates: June 20-August 1
Course Code: 131204
Section A1: 5:30-6:15 pm
Section Fee: \$135.00/\$145.00

No ice skating experience necessary. Ice skating activities include learning the basic skating skills and introductory hockey drills.

HOCKEY TOTS AND POWER HOCKEY CAMP

Ages: 4-8
Level: Beginner thru Advanced
Days: Monday-Friday
Time: 9:00 – 12:00 pm
Course Code: 131205
Section A1: August 5-9
Section A2: August 12-16
Section A3: August 19-23
Section Fee: \$275.00/\$285.00

Prerequisites: Basic skating skills with confidence and backwards skating, footwork, agility, edge control and coordination, fast starts and acceleration, crossovers and endurance, tricks and turns. Each day ends with a hockey game.

LEARN TO SKATE CAMP FIGURE OR HOCKEY SKATING

Ages: 3-14
Level: Beginner thru Advanced (including Advanced Figure Skating)
Days: Monday-Friday
Time: 12:30-3:30 pm
Course Code: 131200
Section A1: August 5-9
Section A2: August 12-16
Section A3: August 19-23
Section Fee: \$275.00/\$285.00

Prerequisites: Beginner skaters must be able to stay upright on skates without assistance. Skaters also must be able to use the bathroom without assistance. Areas of focus: basic skating skills, games and activities, balance and coordination, stroking and edges, spins and jumps, rhythm and power, and choreography. All skaters will have a chance to show what they've learned the last day of camp.

ARCHERY

Coordinator: Nicolet Recreation Department
Instructor: Inna Lebedinsky
Location: Kletzsch Park Archery Range, Glendale
Days: Tuesdays, Wednesdays, Thursdays
Course Code: 161208

PARENT WITH CHILD

AGES: 5 THRU 9 YEARS

Time: 5:00 – 5:30 pm
Section A1: June 4 – June 13
Section A2: June 18 – June 27
Section A3: July 16 – July 25

PRE-TEEN

AGES: 10 THRU 13 YEARS

Time: 5:30 – 6:15 pm
Section B1: June 4 – June 13
Section B2: June 18 – June 27
Section B3: July 16 – July 25

TEEN

AGES: 14 THRU 18 YEARS

Time: 6:15 – 7:00 pm
Section C1: June 4 – June 13
Section C2: June 18 – June 27
Section C3: July 16 – July 25
Section Fee: res./non-res. \$75.00/\$85.00

Focused attention from the instructor with an emphasis on learning proper techniques and avoiding bad habits. Learn the fundamentals and build your skills. Instructed by Inna Lebedinsky, an Olympian who represented the Soviet Union in the 1980 Olympic Games. Equipment is provided; participants are also welcome to bring their own bows. We recommend parents attend the program with children under 10 years old. Register for two Summer sessions and receive a Fall session for FREE!



LIKE US ON FACEBOOK

NOTE: Don't wait to register... a \$10.00 late fee is assessed if you register on or after the start date of a program.



MIDDLE SCHOOL FUNDAMENTALS OF FITNESS & CONDITIONING

- Instructor:** LaDonna Gladney, NDTR, CPT and Strength & Conditioning Coach
- Location:** WFB High School, Fitness Center
- Ages:** Grades 6 thru 8 as of 2024/2025 school year
- Days:** Tuesdays thru Fridays **Time:** 12:30 – 1:30 pm
- Course Code:** 161304
- Section A1:** June 18 – June 28
- Section A2:** July 2 – July 12 (skip July 4)
- Section A3:** July 16 – July 26
- Section A4:** July 30 – Aug 9
- Section A5:** Aug 13 – Aug 23
- Section Fee:** res./non-res. \$110.00/\$120.00

In this program, the middle schoolers will build a foundation for the fundamentals of athleticism. Each athlete will learn the fundamentals of the explosive movements, strength lifts, speed and agility technique, as well as the proper nutrition in achieving goals. Throughout the summer, each athlete will progress through a program that starts with baseline fundamentals and becomes more specific for them and their needs.

WFBHS ATHLETE TRAINING PROGRAM

- Instructor:** LaDonna Gladney, NDTR, CPT and Strength & Conditioning Coach
- Location:** WFB High School, Fitness Center
- Ages:** Grades 9 thru 12 as of 2024/2025 school year
- Days:** Tuesdays thru Fridays **Time:** 1:30 – 2:30 pm
- Course Code:** 170303
- Section A1:** June 18 – June 28
- Section A2:** July 2 – July 12 (skip July 4)
- Section A3:** July 16 – July 26
- Section A4:** July 30 – Aug 9
- Section A5:** Aug 13 – Aug 23
- Section Fee:** res./non-res. \$110.00/\$120.00

This class is for high school athletes and is designed to help improve all aspects of athleticism, strength, explosiveness, speed, agility, injury prevention and functional skills. The athletes in this class will go through a daily full body athlete training regimen that will include, but not limited to, weight room strength activities, speed and agility training, plyometric training, functional mobility, flexibility and skill work specific to the sport they choose.



COMMUNITY FITNESS CENTER STUDENT MEMBERSHIP

- Attendants:** WFB Recreation Department Staff
- Location:** WFB High School, Field House Fitness Center
- Ages:** WFBHS students, Grades 9 thru 12 as of 2024/2025 school year
- Days:** Mon/Wed 5:30 – 7:30 am
Sat 8:00 – 11:00 am
Mon thru Thurs 6:00 – 8:00 pm
- Course Code:** 180300
- Section A1:** June 3 – Aug 31 (skip July 3, 4)
- Section Fee:** \$22.00

This membership is available to Whitefish Bay High School students only. The weight room will be open and a supervisor will be available to show the proper use of the equipment. Research has shown that resistance training is a vital component for maintaining muscle strength, overall good health and even maintaining cognitive function. All new participants must attend an on-site fitness center orientation on their first visit facilitated by a fitness attendant prior to use.

PRAMS IN THE PARK

- Instructor:** Milwaukee County Sailing Center Staff
- Location:** Milwaukee Sailing Center
1450 North Lincoln Memorial Drive
Milwaukee, Wisconsin 53202 414-277-9094
- Ages:** 8 thru 11 years
- Note:** **Registration Deadline:** Friday, June 28
- Days:** Monday thru Friday **Time:** 9:00 am – 12:00 pm
- Course Code:** 152701
- Section A1:** July 8 – July 12
- Section Fee:** res./non-res. \$180.00/\$190.00

MCSC's nationally recognized "Prams in the Park" program, offered through the Whitefish Bay Recreation Department, introduces sailing and water safety to children, ages 8 thru 11, at the Discovery World Lagoon on Milwaukee's lakefront. Students learn key aspects of sailing, wind and water, sailboat handling and teamwork while playing games and practicing water safety, boat rigging and launching, basic maneuvers and capsize and recovery under the watchful supervision of MCSC instructors. Participants must be able to swim at least 25 yards. Permission and medical forms are also required and will be emailed out prior to the start of the program. You will need to schedule a swim test to show you can swim 25 yards, please contact Mark at Mark.Suchowski@wfb schools.com prior to June 28, 2024.

BLUE DUKES BASEBALL CAMP

- Instructor:** Zach Hayes, WFB High School Varsity Baseball Head Coach and Staff
- Location:** WFB High School Varsity Diamond at Cahill Park (inclement weather – WFB Middle School New Gym)
- Ages:** 6 thru 11 years
- Days:** Monday thru Friday
- Dates:** June 24 – June 28
- Course Code:** 132001
- Section A1:** 6 thru 8 years **Time:** 9:30 – 10:30 am
- Section A2:** 9 thru 11 years **Time:** 10:30 – 11:30 am
- Section Fee:** res./non-res. \$75.00/\$85.00

Baseball lovers, don't miss this camp or the opportunity to play on the renovated softball diamond located at the high school. Players will



enjoy opportunities to develop fundamentals such as proper throwing, fielding, catching and hitting. Players will practice these skills in age-appropriate lead-up games.

BASEBALL FOR THE FUN OF IT

- Instructor:** WFB Recreation Department Staff
- Location:** WFB Little League Fields, 6400 N. Lydell Ave.
- Ages:** Grades 4 thru 8 as of 2024/2025 school year
- Days:** Monday thru Thursday **Time:** 9:30 – 11:30 am
- Course Code:** 151302
- Section A1:** June 24 – July 18 (skip July 4)
- Section Fee:** res./non-res. \$60.00/\$70.00

This program emphasizes fun over competitive play! Perfect for kids who want to practice baseball skills and drills in an organized and fun setting. Teams will be formed daily by coaches and participants will play games in a loosely structured format. Players should bring a water bottle and baseball glove every day. Rainouts will not be rescheduled.

YOUTH SOFTBALL LEAGUE

- Coordinator:** Nicolet Recreation Department
- Instructor:** Volunteer Parents & Nicolet Rec Staff Umpires
- Location:** Nicolet High School backfields & Maslowski Park's Nicolet Softball Field, Glendale
- Ages:** Grades 1 thru 4 as of 2024/2025 school year
- Note:** **Registration Deadline:** Sunday, April 28
- Days:** Mondays and Wednesdays **Time:** Evenings
- Dates:** May 6 – July 24
- Course Code:** 151303
- Section A1:** Parent Pitch: Grades 1 and 2
- Section A2:** Junior League: Grades 3 and 4
- Section Fee:** res./non-res. \$60.00/\$70.00

Our two co-ed youth leagues cover boys and girls from 1st through 4th grade. Beginners at all age levels have learned the sport quickly, gained personal confidence, and made meaningful contributions to their teams! Experienced multisport athletes playing spring soccer, lacrosse, fast-pitch softball and even Little League have participated in two sports because of our league's low time commitment of only 1-3 hours per week, its affordability, and team rosters sizes that allow for occasional conflicts.

Players are assigned to teams randomly, but we honor and encourage requests to be paired with other friends to help with carpooling and to make it a comfortable and enjoyable experience for the kids. Teams are run by volunteer parents with a passion for teaching the game to young people. There are no rules with regard to how many boys or girls are on each team's roster or in the field of play at any given time, but efforts are made to maintain competitive integrity. Managers ensure that all players receive an ample amount of playing time regardless of ability. Games are umpired by adult recreation staff, and the season will conclude by July 31st. We will be offering two leagues, Parent Pitch (1st- 2nd grade) as well as a Junior league (3rd- 4th grade). The Parent Pitch league will use a squishy softball and have parents/coaches pitch, while the Junior League will use a 10" softball and have players pitch. In the Junior League, scores and league standings are kept. Games will be played on Monday and Wednesday evenings. Depending on registration numbers, the two leagues may be combined into a single 1st - 4th grade league. In this event, rules may be adapted to fit all ages accordingly.

Please email the Program Director at caleb.franklin@nicolet.us if you have any questions. Teams will be formed by May 1st, 2024. Practices will begin Monday, May 6th and games will begin early June.

YOUTH VOLLEYBALL CLINIC

- Instructor:** WFB Recreation Staff
- Location:** WFB High School, Field House
- Ages:** Grades 1 thru 8 as of 2024/2025 school year
- Days:** Monday thru Thursday
- Dates:** July 15 – July 25
- Course Code:** 141207
- Section A1:** Grades 1 thru 3 **Time:** 12:00 – 1:00 pm
- Section A2:** Grades 4 thru 5 **Time:** 1:15 – 2:45 pm
- Section A3:** Grades 6 thru 8 **Time:** 3:00 – 4:30 pm
- Section A1 Fee:** res./non-res. \$105.00/\$115.00
- Section A2/A3 Fee:** res./non-res. \$145.00/\$155.00

Section A1 touches on basic volleyball skills such as setting, passing, footwork, arm swing and most importantly, COMMUNICATION. Each session moves at a quick, focused and fun pace to keep kids engaged while working from skill to skill. Section A2 moves at a quick, focused and fun pace to keep kids engaged while working from skill to skill. This program is appropriate for all skill levels. Section A3 will introduce players to various skills used at the beginning level of volleyball competition. Different techniques will be covered through drills and games.

BASKETBALL FUNDAMENTALS

- Instructor:** Kevin Lazovik, WFB HS Former Head Coach
- Location:** Richards Elementary School, Gym
- Ages:** Grades 1 thru 3 as of 2024/2025 school year
- Days:** Monday thru Thursday **Time:** 3:45 – 5:00 pm
- Course Code:** 141204
- Section A1:** June 17 – June 20
- Section Fee:** res./non-res. \$50.00/\$60.00

Players will learn and practice basic basketball fundamentals. Dribbling, passing, shooting, pivoting, lay-ups, defensive position and fun basketball challenges will be introduced. The camp will be led by Kevin Lazovik and his staff. High school boy and girl basketball players will also be used as assistants. This will be a great way to learn basketball FUNdamentals.

CO-ED BASKETBALL SKILLS CAMP

- Instructor:** Ryan Fiet, Head Varsity Boys Basketball Coach
- Location:** WFBHS Fieldhouse
- Ages:** Grades 4 thru 8 as of 2024/2025 school year
- Days:** Monday thru Friday
- Dates:** June 17 – July 5 (skip July 4)
- Course Code:** 152003
- Section A1:** Grades 4 thru 6 11:30 am – 1:00 pm
- Section A2:** Grades 7 and 8 10:00 am – 11:30 am
- Section Fee:** res./non-res. \$200.00/\$210.00

This program will focus on the fundamentals of basketball and prepare them for the middle and high school game. We will work on shooting fundamentals, scoring moves, functional ball handling techniques and skills. There will also be a number of fun games and competitions with the instructors running these camps. No previous skill or experience needed, just a passion or interest in the game of basketball.



YOUTH TEE PITCH & COACH PITCH LEAGUES

TEE-PITCH LEAGUE

- Instructor:** Volunteer Parent Coaches
- Location:** Cumberland, Armory, Lydell and Richards Fields
- Ages:** Grades K4 and K5 as of 2024/2025 school year
- Note:** **Registration Deadline** - Friday, May 17
- Dates:** June 19 – July 27
- Course Code:** I31302
- Section A1:** Wed / Sat **Time:** 6:15 pm Wed / 9:00 am Sat
- Section A2:** Thurs / Sat **Time:** 6:15 pm Thurs / 9:00 am Sat
- Section Fee:** on/before May 6: res./non-res. \$70.00/\$80.00
- Section Fee:** after May 6: res./non-res. \$95.00/\$105.00

This program is designed to help boys and girls develop basic baseball fundamentals in a less competitive atmosphere. Each player will have three chances to hit a ball pitched by coaches before placing the ball on a tee. A softer ball will be used to help players catch and throw without the fear of injury. Players must provide their own glove. Volunteer parent coaches are needed.

COACH PITCH LEAGUE

- Instructor:** Volunteer Parent Coaches
- Location:** Cumberland, Armory and Richards Fields
- Ages:** Grades 1 and 2 as of 2024/2025 school year
- Note:** **Registration Deadline** - Friday, May 17
- Dates:** June 19 – July 27
- Course Code:** I41302
- Section A1:** Wednesdays and Saturdays
Time: 6:15 pm Wed / 9:00 am Sat
- Section Fee:** on/before May 6: res./non-res. \$70.00/\$80.00
- Section Fee:** after May 6: res./non-res. \$95.00/\$105.00

Designed for children who are not quite ready to play Little League. A softer ball is used to help players catch and throw without fear of injury. Emphasis is on skill development and sportsmanship. Players must provide their own glove. Volunteer parent coaches are needed.



IMPORTANT INFORMATION

REGISTRATIONS MUST BE RECEIVED BY FRIDAY, MAY 17TH. To ensure that your child is placed on a team, register before the deadline. Registrations received after that date will be handled on an individual basis.

REGISTER AND PAY ON/BEFORE MONDAY, MAY 6TH TO AVOID ADDITIONAL FEES. Registration fees on/before May 6th are \$70.00 res/\$80.00 non-res. After May 6th, the registration fees are \$95.00 res/\$105.00 non-res. In order to create fair and equitable teams, **reciprocal player requests will no longer be accepted.** Teams will be put together using the following considerations: siblings, school they attend, and grade going into in the Fall.

TEAMS DO FILL. In order to maximize the players' experience, teams have enrollment limits.

MANDATORY COACHES MEETING

WEDNESDAY, JUNE 12TH
@ 6:00 – 7:00 PM

Lydell Community Center

All volunteer coaches must attend the mandatory meeting at the Lydell School and Community Center. Plans on how to dispurse team uniforms, equipment, team rosters, and schedules will be discussed.



WFB RESIDENTS

Show your community support through sponsorship of our youth sports programs. We are currently seeking sponsors for our T-Ball and Coach Pitch Teams.

JOIN THE FUN TODAY!

Contact Mark in the Recreation Department at 414-963-3864 or email mark.suchowski@wfbschools.com for more information!

REGISTER TODAY!



DROP OFF / MAIL
5205 N. Lydell Avenue
Whitefish Bay, WI 53217



ONLINE
www.wfbschools.com



YOUTH BADMINTON

- Instructor:** Doug Kane, WFB Recreation Instructor
- Location:** WFB High School, Field House
- Ages:** Grades 6 thru 12 as of 2024/2025 school year
- Days:** Mondays and Wednesdays **Time:** 1:30 – 2:45 pm
- Course Code:** 151200
- Dates:** June 19-July 24
- Section Fee:** res./non-res. \$35.00/\$45.00

Badminton players will be paired with others that have compatible skills. Beginner players are welcome, however, individual instruction may not always be available. Rackets and shuttlecocks will be provided or you may bring your own racket. Participants are expected to remain for the duration of the program. Written permission is required from a parent or guardian for any player wanting to leave early.

MADISON RADICALS ULTIMATE FRISBEE CAMP

- Instructor:** Madison Radicals, Certified Instructors
- Location:** WFB High School, Lubar Stadium
- Ages:** 8 thru 14 years
- Days:** Monday thru Friday **Time:** 9:00 am – 12:00 pm
- Course Code:** 161303
- Dates:** July 15 – July 19
- Section Fee:** res./non-res. \$170.00/\$180.00

The Madison Radicals are hosting a week-long ultimate frisbee camp for youth aged 8-14! This camp is open to players of all skill levels and will be taught by professional players. Don't miss out on this opportunity to improve your ultimate frisbee skills and have a blast! All registrants will receive a Madison Radicals frisbee. For more information about Ultimate, you can contact Ryan Natzke at ryan@radicalsultimate.com.

YOUTH OPEN KICKBALL

- Instructor:** WFB Recreation Department Staff
- Location:** Lydell School & Community Center, Back Field
- Ages:** Grades 1 thru 5 as of 2024/2025 school year
- Days:** Mondays and Thursdays **Time:** 12:30 – 2:30 pm
- Course Code:** 151304
- Section A1:** June 24 – July 18 (skip July 4)
- Section Fee:** res./non-res. \$30.00/\$40.00

This program is a perfect fit for kids who can't get enough kickball and hanging out with friends. Teams will be formed daily by staff and participants will play games emphasizing fun over competitive play. Players should bring a water bottle every day. Rainouts will not be rescheduled.

CROSS COUNTRY CAMP

- Instructor:** Coach Tony Agostini, WFB Recreation Department Instructor
- Location:** Estabrook Park, Soccer Field #1
- Ages:** Grades 6 thru 9 as of 2024/2025 school year
- Days:** Mondays and Thursdays **Time:** 8:30 – 9:30 am
- Course Code:** 151307
- Section A1:** June 24 – Aug 1 (skip July 4)
- Section Fee:** res./non-res. \$60.00/\$70.00

Join the proud tradition that is Whitefish Bay Cross Country. Whitefish Bay Recreation staff will lead young runners through a progression of workouts, develop proper running form, improve fitness, strength and speed while enjoying the natural running terrain around Whitefish Bay.

DREAM LEAGUE BASKETBALL

- Coordinator:** Shorewood Recreation Department
- Instructor:** National Basketball Academy MKE Instructor
- Location:** Lake Bluff Outdoor Basketball Courts, Shorewood
- Ages:** Grades 3 thru 8 as of 2024/2025 school year
- Note:** **Registration Deadline:** Monday, June 10
- Day:** Thursdays
- Dates:** June 13 – July 25 (skip July 4)
- Course Code:** 151207
- Section A1:** RISING STARS Grades 3 thru 5
Time: 5:30 – 6:30 pm
- Section A2:** NBA Grades 6 thru 8
Time: 6:30 – 7:30 pm
- Section Fee:** res./non-res. \$75.00/\$85.00

This is a player-driven league presented by the National Basketball Academy of Milwaukee. Players will be drafted onto teams and develop over the summer. There will be no coaches. Teams will be assigned a GM to help with guidance, motivation and substitutions. Players will receive a weekly schedule that includes: skill combinations, scheduled games, and playoffs/championship. Each participant will receive a jersey. Please bring a water bottle.

MILWAUKEE BUCKS BASKETBALL CAMP

- Instructor:** Lance Foreman
- Location:** Whitefish Bay HS Fieldhouse
- Ages:** 7 to 14 years old
- Days:** Monday thru Friday
- Time:** 9:00 am – 12:00 pm
- Course Code:** 141203
- Section A1:** July 8 – July 12
- Section Fee:** res./non-res. \$270.00/\$280.00



The Milwaukee Bucks Summer Camp provides a fun and team-oriented environment for boys and girls ages 7 to 14. These camps include instruction on ball handling, passing, shooting, defensive and offensive concepts with 5 on 5 scrimmages. Bucks camp coaches are selected for their basketball knowledge and ability to teach kids of all ages and skill levels. Each Summer Camp participant will receive a basketball, exclusive Bucks Youth Basketball jersey and a ticket voucher to a 2024-2025 Bucks home game.



ROCK CLIMBING: A BEGINNER'S COURSE

- Coordinator:** Brown Deer Park and Recreation Department
- Instructor:** Brown Deer Park and Recreation Staff
- Location:** Novak Family Fieldhouse
8200 N. 60th Street, Brown Deer
- Ages:** 8 thru 14 years
- Course Code:** 151300
- Date:** Tuesdays **Time:** 6:00 – 7:30 pm
- Section A1:** May 14 – June 4
- Date:** Wednesdays **Time:** 6:00 – 7:30 pm
- Section A2:** June 5 – June 26
- Date:** Wednesdays **Time:** 6:00 – 7:30 pm
- Section A3:** July 10 – July 31
- Date:** Mon – Thurs **Time:** 9:00 – 10:30 am
- Section A4:** August 12 – August 15
- Section Fee:** res./non-res. \$40.00/\$50.00

In this introductory course, students will be guided through basic climbing techniques and safety precautions. Participants will enhance coordination, problem-solving, balance, strength through bouldering (traversing) and climbing. Students will enhance their skills through games and challenges throughout the course. Climbers ready?

YOUNG AMERICAN MARTIAL ARTS CLUB (YAMAC)

- Instructor:** Phil Sauer, Owner of Young American Martial Arts Club
- Location:** Lydell School & Community Center, Gym
- Ages:** 4 thru 13 years
Little Samurai: 4 – 6 years of age
Samurai: 7 – 13 years of age
- Days:** Mondays and Wednesdays
- Dates:** July 8 – Aug 14
- Course Code:** 121201
- Section A1:** Ages 4 thru 6 years 4:30 – 5:00 pm
- Section A2:** Ages 7 thru 13 years 5:00 – 5:45 pm
- Section Fee:** res./non-res. \$179.00/\$189.00
(25% additional family member discount)

Let your child experience the challenges of the Young American Martial Arts Club. This dynamic program has been developed in cooperation with the University of Wisconsin-Milwaukee Children's Center, a leader in early childhood development and education. This innovative martial arts program will encourage your child to develop a positive attitude, perseverance, self-confidence and self-discipline.



CHECK OUT OUR RecGram!

Emailed weekly to all Household Accounts and posted on Facebook with timely programming info!

NORTH SHORE MARTIAL ARTS CLUB (NSMAC)

- Instructor:** Phil Sauer, Owner of North Shore Martial Arts Club
- Location:** Lydell School & Community Center, Gym
- Ages:** 11 years and up
- Days:** Mondays and Wednesdays
- Time:** 6:00 – 7:15 pm
- Course Code:** 151206
- Section A1:** July 8 – Aug 14
- Section Fee:** res./non-res. \$179.00/\$189.00
(25% additional family member discount)

Improve fitness and have fun while learning the Martial Arts from North Shore resident, Phil Sauer. Phil has been a Martial Art instructor since 1972 and has taught at UW-Milwaukee since 1979. This program will challenge you, mentally and physically, as you learn kicking, punching and self-defense techniques that will keep you safe and fit.

SKYHAWKS MINI-HAWK MULTI-SPORT CAMP

- Instructors:** Skyhawks Instructors
- Location:** Lydell School & Community Center, Gym
- Ages:** 4 thru 6 years
- Days:** Monday thru Thursday
- Time:** 11:00 am – 2:00 pm
- Course Code:** 111207
- Section A1:** June 24- June 27
- Section A2:** July 15 – July 18
- Section A3:** Aug 5- Aug 8
- Section Fee:** res./non-res. \$140.00/\$150.00

This multi-sport program was developed to give children a positive first step into athletics. Flag football, basketball and soccer are taught in a safe, structured environment filled with encouragement and fun. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace.

GIRLS LACROSSE SUMMER CLINIC

WNS JUNIOR WOLFPACK

- Instructors:** WNS Wolfpack Staff
- Location:** WFB High School, Lubar Stadium
- Ages:** Grades 1 thru 8 as of 2024/2025 school year
- Time:** 10:00 am – 12:00 pm
- Course Code:** 141307
- Section A1:** Sunday, August 4
- Section Fee:** res./non-res. \$25.00/\$35.00

This is an instructional clinic offering drills/skills and the fundamentals for beginners to intermediate players. This is a great opportunity for girls to learn to play lacrosse - the fastest growing sport in the United States. No experience necessary. Our program focuses on empowering girls to develop skill, athleticism, heart, determination and a love for the game of lacrosse. Experienced and enthusiastic coaches and players from the WNS (Whitefish Bay/Nicolet/Shorewood) high school program will lead the clinic. Lacrosse sticks, goggles and a mouth guard are required. If you need to borrow equipment or if you have any questions, please contact the Program Director at wnsjr.wolfpack@gmail.com.

NOTE: Don't wait to register... a \$10.00 late fee is assessed if you register on or after the start date of a program.

YOUTH FOOTBALL



FLAG FOOTBALL LEAGUES

- Instructor:** Volunteer Parent Coaches
- Location:** WFB High School, Softball Field
- Ages:** Grades 1 thru 6 as of 2024/2025 school year
- Note:** **Registration Deadline:** Friday, August 2
- Day:** Saturdays **Time:** 9:30 am – 3:00 pm
- Dates:** Sept 7 – Oct 26
- Course Code:** 131306
- Section A1:** Grades 1 and 2
- Section A2:** Grades 3 and 4
- Section A3:** Grades 5 and 6
- Section Fee:** res./non-res. \$70.00/\$80.00

Each week players will have a half-hour practice session, followed by a league game. Volunteer parents will provide coaching. A coach's meeting will be held on Wednesday, September 4th at 6:00 pm at the Lydell School & Community Center. Rosters and equipment will be handed out at that time. Please indicate your willingness to coach when registering.

SKYHAWKS FLAG FOOTBALL CAMP

- Instructors:** Skyhawks Instructors
- Location:** Lydell School & Community Center, Soccer Field
- Ages:** 7 thru 12 years
- Days:** Monday thru Thursday
- Time:** 2:30 pm – 5:30 pm
- Course Code:** 141303
- Section A1:** June 24 – June 27
- Section A2:** July 15 – July 18
- Section A3:** Aug 5 – Aug 8
- Section Fee:** res./non-res. \$140.00/\$150.00

Flag Football is the perfect introduction to "America's Game". Campers learn skills on both sides of the football including the core components of passing, catching, and defense - all presented in a fun and positive environment. The week ends with the Skyhawks Super Bowl, giving participants a change to showcase their skill on the gridiron!

BLUE DUKES FOOTBALL CAMP

- Instructor:** Jake Wolter, WFB High School Varsity Coach
- Location:** WFB High School, Lubar Stadium
- Ages:** Grades 1 thru 4 as of 2024/2025 school year
- Days:** Tuesday thru Thursday **Time:** 10:00 – 11:30 am
- Dates:** June 25 – June 27
- Course Code:** 142004
- Section A1:** Grades 1 and 2
- Section A2:** Grades 3 and 4
- Section Fee:** res./non-res. \$55.00/\$65.00

1st and 2nd graders will learn the basic skills of blocking, throwing, catching, punting, kicking and controlled tackling. They will develop ability through agility and speed training, learning techniques used by each position on the team. 3rd and 4th graders will learn the basic skills of blocking, throwing, catching, punting, kicking and controlled tackling. Campers will learn techniques used by each position on the team and conclude with a series of non-contact scrimmage games. Students are required to bring workout clothing, cleats, and non-cleated shoes to each session.

FUNDAMENTALS OF KICKING AND PUNTING CLINIC

- Instructor:** Aleks Sauer-Milli, Former WFB Blue Dukes Varsity Kicker
- Location:** Lubar Stadium, WFB High School Football Field
- Ages:** Grades 6 thru 9 as of 2024/2025 school year
- Days:** Saturday **Time:** 10:00-12:00 pm
- Course Code:** 141308
- Section A1:** June 22 and June 29th
- Section Fee:** res./non-res. \$59.00/\$69.00

Learn the basics on how to become a kicking specialist. The Whitefish Bay Blue Dukes Varsity Football Teams All-Conference Kicking Specialist will teach you the fundamentals of place kicking and punting. Through drills learned at elite kicking camps around the country you will be given the foundations to be able to practice building your skills at home and on your own to become a vital part of your football team. Space is limited so sign up quickly to reserve your spot.

JOIN US:

ANNUAL MEETING

The Annual Meeting, Budget Hearing,
and State of the District Address will be held in person only
at the High School Auditorium, 1200 E. Fairmount Ave.

Whitefish Bay residents of voting age will vote
to establish the 2024-25 tax levy for the school district.

September 4, 2024, 7pm



Whitefish Bay
SCHOOL DISTRICT

NOW HIRING!

We are looking for caring professionals, looking to
build strong connections with our children.

- Connects Teacher Assistants
- Connects Lead Teachers
- Youth Sport Referees
- Lifeguard/Swim Instructors

Gain career experience with
Community Education and Recreation!

Develop skills, build confidence, and gain valuable
work experience. Call (414)963-3947 for more
information, or apply online at www.wecan.waspa.org.



Whitefish Bay
RECREATION

Bringing **Community** Together



CROSSING GUARDS NEEDED

The Whitefish Bay Recreation and Community
Education Department has immediate
needs for Crossing Guards.

Interested applicants can call the Recreation
Department at 414-963-3947. Crossing Guards may
work various shifts from 7:30 am-8:30 am,
10:45 am-12:15 pm and 2:45 pm-3:45 pm.

Training is provided.



Whether your child is new to the sport or a seasoned veteran, join us this year to play ball, make friends, and have fun!

**Open to All Players,
Kindergarten - 8th Grade**

Each Year Includes Two Seasons:

Spring/Summer Ball from April - July
(Registration starts in December)

Fall Ball from Late August - Mid October
(Registration starts in July)

Please visit www.wfbll.com for more details and registration forms.

A GREAT OPPORTUNITY

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YOUR
—AD—
HERE**



**Whitefish Bay
RECREATION**

Bringing **Community** Together

For A GREAT LOW Price

Advertise your business
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THOUSANDS of people,
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Different AD Sizes Available

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Fall — Winter/Spring — Summer Guides

Commit to 1 issue or all 3!

**CALL TODAY & FIND A GREAT WAY TO
CONNECT WITH YOUR LOCAL CUSTOMERS**

414-963-3947



YOUTH GYMNASTICS

Coordinator: Sarah Woods, Head Recreation Gymnastics
Coordinator/Coach

Location: WFB High School Memorial Gym

Days: Monday thru Thursday

RECREATIONAL LEVEL PROGRAMS

The Recreational Level Programs focus on basic skills for vault, bars, beam and floor. Our skill tracking program helps kids monitor their accomplishments and celebrate their achievements. As children progress through different levels, they will develop in the areas of agility, strength, flexibility, balance and coordination. In addition to these physical improvements, participants will learn life skills such as self-confidence, goal-setting, teamwork, responsibility, friendship and sportsmanship. At the end of the term, each gymnast will be notified of which level they should register for next. Parents who choose to watch their children must observe from the hallway. Contact Coach Sarah Woods at sarah.n.woods@gmail.com with any questions.

RECREATIONAL LEVEL FEES:

PARENT /TOT	\$40.00/\$50.00
(Ages 1.5 - 3 years old, with parent or guardian)	
PRE 3, PRE 4, PRE 5/6	\$45.00/\$55.00
(Ages 3-6 years old, according to child's age)	
LEVEL A*	\$45.00/\$55.00
(Grades 1-8, Beginners or those who have participated in one term)	
LEVEL B	\$45.00/\$55.00
(Grades 1-8, gymnasts who have passed Level A)	

***Preschoolers are NOT allowed in the Levels Programs without instructor approval.**

Level	Dates	Day	Time	Course Code / Section
Parent/Tot	June 18 - July 16	Tuesdays	8:45 – 9:30 am	111400 /A1
Parent/Tot	June 19 – July 17	Wednesdays	8:45 – 9:30 am	111400 /A2
Pre 4	June 17 – July 15	Mondays	12:00 – 12:45 pm	121402 / A1
Pre 5/6			12:00 – 1:00 pm	121405 / A1
Level A			12:00 – 1:00pm	141401 /A1
Pre 3			1:00 – 1:45 pm	121401 / A1
Level B			1:00 – 2:00 pm	141402 / A1
Pre 5/6			1:00-2:00 pm	121405 / A2
Pre 3			June 18 – July 16	Tuesdays
Pre 5/6	12:00 – 1:00 pm	121405 / A3		
Level B	12:00 – 1:00 pm	141402 / A2		
Pre 4	1:00 – 1:45 pm	121402 / A2		
Pre 5/6	1:00 – 2:00 pm	121405 / A4		
Level A	1:00 – 2:00 pm	141401 / A2		
Pre 4	June 19-July 17	Wednesdays		
Pre 5/6			12:00 – 1:00 pm	121405 / A5
Level A			12:00 – 1:00 pm	141401 / A3
Pre 3			1:00 – 1:45 pm	121401 / A3
Pre 5/6			1:00 – 2:00 pm	121405 / A6
Level B			1:00 – 2:00 pm	141402 / A3
Pre 3			June 20-July 18 (skip July 4)	Thursdays
Pre 5/6	12:00 – 1:00 pm	121405 / A7		
Level B	12:00 – 1:00 pm	141402 / A4		
Pre 4	1:00 – 1:45 pm	121402 / A4		
Pre 5/6	1:00 –2:00 pm	121405 / A8		
Level A	1:00-2:00 pm	141401 / A4		

NOTE: Don't wait to register... a \$10.00 late fee is assessed if you register on or after the start date of a program.

YOUTH GYMNASTICS

COMPETITIVE LEVEL PROGRAMS

The Competitive Levels are designed to give the higher level athletes an opportunity to compete in the USA Junior Olympic program. Gymnasts are expected to be at practices regularly and compete in the fall meets. Please email Sarah at sarah.n.woods@gmail.com with any questions concerning the competitive teams.

COMPETITIVE LEVEL FEES:

USAG 1	\$45.00/\$55.00 (Grades 1 – 8 as of 24/25 school year, Beginning competitive level)
USAG 2	\$60.00/\$70.00 (Grades 1 – 8, Beginning level for those who have passed USAG 1)
USAG P3/3	\$60.00/\$70.00 (Grades 1 – 8, Beginning level for those who have passed USAG 2)
PRE-OPTIONALS	\$60.00/\$70.00 (Grades 1 – 8, Intermediate level for those who have passed USAG 3)
OPTIONALS*	\$60.00/\$70.00 (Grades 3 – 8, Advanced level for those who have passed Pre-optionals)
HIGH SCHOOL	\$60.00/\$70.00 (Grades 9 – 12)

* indicates that pre-approval is required for enrollment.

Level	Dates	Day	Time	Course Code / Section
USAG 1	June 18 – July 16	Tuesdays	5:00 – 6:00 pm	141403 / A1
USAG 2			6:00 – 7:30 pm	141404 / A1
USAG P3/3			6:00 – 7:30 pm	141405 / A1
USAG 1	June 20 – July 18 (skip July 4)	Thursdays	5:00 – 6:00 pm	141403 / A2
USAG 2			6:00 – 7:30 pm	141404 / A2
USAG P3/3			6:00 – 7:30 pm	141405 / A2
High School	June 17- June 20	Mon – Thurs	9:00 – 11:30 am	181401 / A1
Optionals			9:00 – 11:30 am	141407 / A1
Pre-Optionals			9:00 – 11:30 am	141406 / A1
USAG P3/3			9:30 – 11:30 am	141405 / A3
High School	June 24 – June 27	Mon – Thurs	9:00 – 11:30 am	181401 / A2
Optionals			9:00 – 11:30 am	141407 / A2
Pre-Optionals			9:00 – 11:30 am	141406 / A2
USAG P3/3			9:30 – 11:30 am	141405 / A4
High School	July 1 – July 3 (skip July 4)	Mon – Wed	9:00 – 11:30 am	181401 / A3
Optionals			9:00 – 11:30 am	141407 / A3
Pre-Optionals			9:00 – 11:30 am	141406 / A3
USAG P3/3			9:30 – 11:30 am	141405 / A5
High School	July 8 – July 11	Mon – Thurs	9:00 – 11:30 am	181401 / A3
Optionals			9:00 – 11:30 am	141407 / A4
Pre-Optionals			9:00 – 11:30 am	141406 / A4
USAG P3/3			9:30 – 11:30 am	141405 / A6
High School	July 15 – July 18	Mon – Thurs	9:00 – 11:30 am	181401 / A5
Optionals			9:00 – 11:30 am	141407 / A5
Pre-Optionals			9:00 – 11:30 am	141406 / A5
USAG P3/3			9:30 – 11:30 am	141405 / A7

YOUTH GYMNASTICS

GYMNASTICS CAMP

- Coordinator:** Sarah Woods, Head Recreation
Gymnastics Coordinator/Coach
- Location:** WFB High School, Memorial Gym
- Ages:** Grades K5 thru 6
as of 2024/2025 school year
- Days:** Monday thru Friday
- Time:** 9:00 am – 3:00 pm
- Course Code:** 142003
- Section A1:** July 22 – July 26
- Section A2:** July 29 – Aug 2
- Section A3:** Aug 5 – Aug 9
- Section Fee:** res./non-res. \$195.00/\$205.00

Our days will include gymnastics for each event, but will rotate with other activities including an obstacle course, jewelry making, walking trips to Dairy Queen, scavenger hunts and much more! Schedules will be handed out on the first day of each camp. Campers should bring a bag lunch and one nut-free snack to camp each day.. All campers will receive a t-shirt.




CHECK US OUT!

7600 N. Port
Washington Rd.
Fox Point, WI 53217
(414) 918-1120
www.steugene.school



GYMNASTICS

FALL 2024 GYMNASTICS INSTRUCTORS NEEDED

Do you enjoy working with youth ages 2 years old and up?

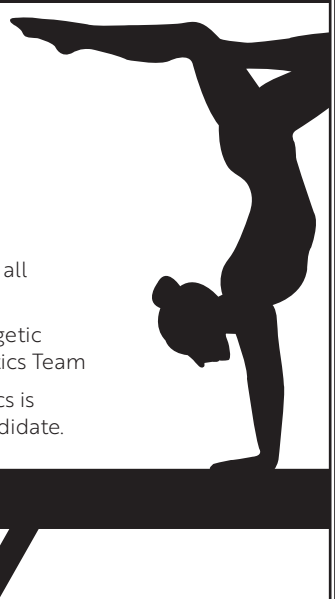
Interested in Evening Weekday and Saturday Morning part-time work?

Coaches and Instructors needed for all Gymnastic Level Classes and Team

Come be a part of the fun and energetic Whitefish Bay Recreational Gymnastics Team

Experience in the sport of gymnastics is preferred but will train an eager candidate.

Contact:
Sarah Woods at
sarah.n.woods@gmail.com



YOUTH TENNIS INSTRUCTION

Instructors: Phil Kelbe, WFB High School Former Varsity Coach & WFB Recreation Department Staff

Location: Cahill Courts

Ages: 5 thru 13 years

Days: Monday thru Thursday (2 rainout dates per section to be scheduled on Fridays)

Section A1: June 24 – July 5 (skip July 4)

Section A2: July 8 – July 18

Section A3: July 22 – Aug 1

Section A4: Aug 5 – Aug 15

Section Fee: res./non-res. \$115.00/\$125.00

QUICKSTART MUNCHKIN - 5 THRU 6 YEARS

Children will enjoy learning basic tennis skills on smaller courts with low compression balls. Skills include ball and racket handling, making contact with the ball and hitting the ball to a target. Emphasis will be on fun and teamwork. Participants must furnish their own racket.

Court	Time	Sections	Course Code
Cahill	9:00 - 9:45 am	A1 - A4	131601
Cahill	3:30 - 4:15 pm	A1 - A4	131603

QUICKSTART JUNIOR STARS - 7 THRU 10 YEARS

Students will have fun while learning proper tennis techniques on smaller courts with low compression balls. We'll cover handgrip, strokes, volleying and serving and review game rules, scoring and practice skills throughout the program. For players with lesson experience, tennis strategies will be implemented. All players will be divided by ability level. Participants must furnish their own racket.

Court	Time	Sections	Course Code
Cahill	9:00 - 9:45 am	A1 - A4	141601
Cahill	10:00 - 10:45 am	A1 - A4	141602
Cahill	11:00 - 11:45 am	A1 - A4	141604
Cahill	1:30 - 2:15 pm	A1 - A4	141605

SENIOR STARS - 11 THRU 13 YEARS

Students will have fun while learning proper tennis techniques on smaller courts with low compression balls. We'll cover handgrip, strokes, volleying and serving and review game rules, scoring and practice skills throughout the program. For players with lesson experience, tennis strategies will be implemented. All players will be divided by ability level. Participants must furnish their own racket.

Court	Time	Sections	Course Code
Cahill	11:00 - 11:45 am	A1 - A4	161601
Cahill	2:30 - 3:15 pm	A1 - A4	161604



JUNIOR COMPETITIVE TENNIS LEAGUE PROGRAM

Ages: Grades 2 thru 12 as of 2024/2025 school year

Days: Monday thru Friday

Dates: June 24 – Aug 16 (skip July 4)

Course Code: 151601

Section A1: Grades 2 thru 5 3:30 - 4:30 pm

Section A2: Grades 6 thru 8 2:00 - 3:30 pm

Section A3: Grades 9 thru 12 12:30 - 2:00 pm

Section A1 Fee: res./non-res. \$170.00/\$180.00

Section A2/A3 Fee: res./non-res. \$230.00/\$240.00

This league is NOT appropriate for beginning level players. In this 8-week program, youth tennis players, grades 2 thru 12, who have taken lessons, are encouraged to register for this fun and active program. During the first week, all players will be evaluated by the coaching staff to determine their skill level. Thereafter, all participants will be broken down by age and ability. Daily practice will focus on stroke development and drills. In addition, select players may have the opportunity, once a week, to travel and compete against other local recreation departments. Due to the long duration of this program, daily attendance is not required. An optional Parent Meeting is scheduled for Thursday, June 20th at 6:00pm in the Cahill Pavilion. **Rain dates will NOT be made up.**

MICKELSON MIDLERS

Instructor: Missing Links Staff
Location: Missing Links Golf Club, Mequon
Ages: 7 thru 10 years
Section Fee: res./non-res. \$135.00/\$145.00

These lessons provide a thorough introduction to the golf swing. Our award-winning PGA pros discuss goals and then help to perfect grip, alignment, posture and swing mechanics. At Missing Links an emphasis is put on short game instruction focusing on putting and chipping. Golf clubs provided at no additional cost.

SATURDAYS

Course Code: 141501 **Time:** 9:00 – 10:00 am
Course Code: 141502 **Time:** 10:15 – 11:15 am
Section A1: May 4 – May 25
Section A2: June 8 – June 29
Section A3: July 13 – Aug 3
Section A4: Aug 17 – Sept 14

TUESDAYS

Course Code: 141504 **Time:** 9:00 – 10:00 am
Course Code: 141505 **Time:** 10:15 – 11:15 am
Section A1: June 11 – July 9 (skip July 2)
Section A2: July 24 – Aug 14

WEDNESDAYS

Course Code: 141507 **Time:** 9:00 – 10:00 am
Course Code: 141508 **Time:** 10:15 – 11:15 am
Section A1: June 12 – July 10 (skip July 3)
Section A2: July 19 – Aug 9

THURSDAYS

Course Code: 141510 **Time:** 9:00 – 10:00 am
Course Code: 141511 **Time:** 10:15 – 11:15 am
Section A1: June 13 – July 11 (skip July 4)
Section A2: July 25 – Aug 15



PALMER'S PLAYERS

Instructor: Missing Links Staff
Location: Missing Links Golf Club, Mequon
Ages: 11 thru 17 years
Section Fee: res./non-res. \$135.00/\$145.00

Same instruction as Mickelson Middlers, but geared towards an older, more mature youth. Golf clubs provided at no additional cost.

SATURDAYS

Course Code: 161501 **Time:** 11:30 am – 12:30 pm
Section A1: May 4 – May 25
Section A2: June 8 – June 29
Section A3: July 13 – Aug 3
Section A4: Aug 17 – Sept 14

TUESDAYS

Course Code: 161503 **Time:** 11:30 am – 12:30 pm
Section A1: June 11 – July 9 (skip July 2)
Section A2: July 23 – Aug 13

WEDNESDAYS

Course Code: 161504 **Time:** 11:30 am – 12:30 pm
Section A1: June 12 – July 10 (skip July 3)
Section A2: July 24 – Aug 14

THURSDAYS

Course Code: 161507 **Time:** 11:30 am – 12:30 pm
Section A1: June 13 – July 11 (skip July 4)
Section A2: July 25 – Aug 15



Any weather-related cancellation questions, please call Missing Links Golf Club at (262)243-5711.

YOUTH GOLF

JUNIOR GOLF LEAGUE

- Instructor:** Missing Links Staff
Location: Missing Links Golf Club, Mequon
Ages: 9 thru 17 years
Course Code: 161505
- Section A1:** Mondays **Time:** 9:30 am – 12:00 pm
June 10 – Aug 12 (skip July 1)
- Section A2:** Tuesdays **Time:** 9:30 am – 12:00 pm
June 11 – Aug 13 (skip July 2)
- Section A3:** Wednesdays **Time:** 12:30 – 3:00 pm
June 12 – Aug 14 (skip July 3)
- Section A4:** Thursdays **Time:** 9:30 am – 12:00 pm
June 13 – Aug 15 (skip July 4)
- Section A5:** Fridays **Time:** 9:30 am – 12:00 pm
June 14 – Aug 16 (skip July 5)
- Section Fee:** res./non-res. \$240.00/\$250.00

For over 20 years, Junior League at Missing Links has been the most entertaining program that we offer for kids! Junior League is the perfect opportunity to put all the golf instruction to use and have some fun in a semi-competitive environment. League meets once a week for the majority of the summer. Sign up for multiple days! Besides learning some tips and strategies on the course, our camp will cover basic rules, etiquette, different golf games and tweaking your swing. Prizes will be awarded weekly for a variety of fun games and contests. The last week of camp is reserved for the Club Championship and a pizza banquet with more awards. The week of the 4th of July is skipped this year. **Players must have at least 4 hours of prior golf instruction in order to participate.**

HALF-DAY JUNIOR GOLF CAMPS

- Instructor:** Chris Goodwick
Location: Missing Links Golf Club, Mequon
Ages: 8 thru 14 years
Days: Monday thru Friday **Time:** 9:00 am – 12:00 pm
Course Code: 161513
- Section A1:** June 10 – June 14
Section A2: June 17 – June 21
Section A3: June 24 – June 28
Section A4: July 8 – July 12
Section A5: July 15 – July 19
Section A6: July 22 – July 26
Section A7: July 29 – Aug 2
Section A8: Aug 5 – Aug 9
Section A9: Aug 12 – Aug 16
Section Fee: res./non-res. \$420.00/\$430.00

These camps teach the fundamentals of golf through fun and educational activities. These camps develop positive and confident students, both on and off the course. Our program is designed to build leadership and overall performance skills. Missing Links Half-Day Junior Golf Camps provide exceptional golf instruction, an exclusive student-specific player development program, and performance-based coaching for everyone from the inexperienced player to the aspiring professional golfer.

JUNIOR ONE-DAY GOLF CLINIC

- Instructor:** Missing Links Staff
Location: Missing Links Golf Club, Mequon
Ages: 10 thru 17 years
Day: Friday **Time:** 9:00 am – 3:00 pm (lunch included)
Course Code: 161511
- Section A1:** June 14
Section A2: June 21
Section A3: June 28
Section A4: Aug 16
Section A5: Aug 23
Section Fee: res./non-res. \$140.00/\$150.00

Everything, plus more, condensed into one day. Golfers should have prior lessons or some golf experience. There will be instruction in the morning and course play in the afternoon.

HALF-DAY SPORTS CAMPS

- Instructor:** Missing Links Staff
Location: Missing Links Golf Club, Mequon
Ages: 6 thru 12 years
Days: Monday thru Friday **Time:** 9:00 am – 12:00 pm
Course Code: 161514
- Section A1:** June 10 – June 14
Section A2: June 17 – June 21
Section A3: July 15 – July 19
Section A4: July 22 – July 26
Section A5: July 29 – Aug 2
Section A6: Aug 5 – Aug 9
Section A7: Aug 12 – Aug 16
Section A8: Aug 19 – Aug 23
Section Fee: res./non-res. \$299.00/\$309.00

Supersized fun with golf, foot-golf, mini-golf, kickball, scavenger hunts, trivia and games... oh my! A week full of outdoor competition and, if it rains, we play virtual golf in covered stalls and games in the party room. Also treats. What more could you want?

REGISTER TODAY!



DROP OFF / MAIL

5205 N. Lydell Avenue
Whitefish Bay, WI 53217



ONLINE

www.wfbschools.com



YOUTH AQUATICS

OPEN WATER SCUBA CLASS

- Instructor:** Aquatic Adventures, Inc.
- Location:** WFB High School, Field House Pool
- Ages:** 10 years & up
- Note:** **Registration Deadline:** Tuesday, July 2
- Days:** Tuesdays and Thursdays **Time:** 5:30 – 8:30 pm
- Course Code:** 160807
- Section A1:** July 9– July 18
- Section Fee:** res./non-res. \$485.00/\$495.00

If you have always wanted to learn how to scuba dive, here is your chance to become a certified diver. The PADI Open Water Diver class is the world’s most popular scuba course and has introduced millions of people to scuba diving. This class consists of three main phases- Knowledge Development, Confined Water, and Open Water Dives, **which will require 2 extra days outside of this scheduled class.** You will complete the online Knowledge Development at home to learn the basic principles of scuba diving. Then, during the Confined Water and Open Water Dives, you will learn basic scuba skills such as mask and regulator clearing, buoyancy control, emergency air management, and dive planning. You will earn the PADI Open Water Diver Certification when all three parts have been completed. To join the PADI Open Diver Class, you must be 10 years of age or older, be able to swim 200 yards without stopping, and be able to tread or float for 10 minutes.

Course includes: PADI Open Water eLearning course, PADI logbook, use of life support equipment, and a PADI Open Water Diver Certification fee. Participants are required to supply their own personal gear, which includes a mask, snorkel, boots, and fins, and the lake entrance fees. The personal gear can be purchased through the course host Aquatic Adventures, Inc. for a reduced cost.

DISCOVER SCUBA DIVING

- Instructor:** Aquatic Adventures, Inc.
- Location:** WFB High School, Field House Pool
- Ages:** 10 years & up
- Day:** Wednesday **Time:** 6:00 – 8:00 pm
- Course Code:** 160808
- Section A1:** July 17
Registration Deadline: Wednesday, July 3
- Section A2:** August 14
Registration Deadline: Wednesday, July 31
- Section Fee:** res./non-res. \$55.00/\$65.00

Have you ever wondered what it is like to breathe underwater? Then, this PADI Discover Scuba Diving experience is your chance to give scuba a try in a fun, inexpensive, no-pressure setting. There is nothing like breathing underwater for the very first time. It takes a little getting used to, but after a few minutes, you will realize how easy scuba diving really is. You will get to wear scuba diving equipment, breathe underwater and learn some basic skills and safety rules that can show if a full certification is for you! No experience is required.

YOUTH/TEEN DIVING CLASS

- Instructor:** WFB Recreation Staff
- Location:** WFB High School Field House Pool
- Ages:** Grades 1 thru 9 as of 2024/25 school year
- Day:** Mondays **Time:** 7:00 pm – 8:00 pm
- Course Code:** 180804
- Section A1:** June 17 – Aug 5
- Section Fee:** res./non-res. \$65.00/\$75.00

This class is for those who are enrolled in or have passed Level 4 (or higher) swim lessons. This unique and fun program will teach the basics of competitive diving. Each student will learn hurdles, forward diving positions, back dives, flips and twisters. For those who have no experience, these maneuvers are easy for anyone to catch on. Due to the limited number of students, each student will receive individual attention.

WATER SAFETY INSTRUCTOR - BLENDED LEARNING CLASS

- Coordinator:** Shorewood Recreation Department
- Instructor:** Perry Perkins, Lydia Leipzig and Cassandra Rodriquez; Red Cross Certified Lifeguard Instructors
- Location:** Shorewood HS Conference Room and Pool
- Ages:** 15 years and up
- Days:** Friday, Saturday and Sunday
- Section A1:** Friday **Time:** 5:00 – 8:00 pm
Saturday **Time:** 9:00 am – 5:00 pm
Sunday **Time:** 9:00 am – 1:00 pm
- Course Code:** 180805
- Section Fee:** res./non-res. \$200.00/\$210.00

Are you interested in becoming a lifeguard? You will learn concepts of responsibility, work ethic, leadership and approachability that will prepare you for a job as a lifeguard. The American Red Cross Lifeguard course will cover the knowledge and skills to get your lifeguard, CPR/AED and first aid certifications. Successful completion of the course earns you a 2-year, nationally recognized certification in Lifeguarding/First-Aid/CPR/AED. Attendance at ALL meeting dates is mandatory. Please understand that this course is a blended learning course. Participants must complete all online assignments prior to the start of class. Certification is not guaranteed as participants must score above an 80% on a written test and pass an in-water skills test. There is a mandatory pretest on the first day of class. Please bring a swimsuit, towel and snacks each meeting day.

NOTE: Don't wait to register... a \$10.00 late fee is assessed if you register on or after the start date of a program.



SUMMER SWIM INSTRUCTION

Location: WFB High School Field House/Auxiliary Pool
Age: 18 months and up
Note: Eight lessons per section. Please read descriptions and enroll your child in the proper class.
Section Fee: res./non-res. \$65.00/\$75.00

IMPORTANT:

Children ages 6 years and older must use the locker room for their respective gender.

Our swimming programs are offered to boys and girls interested in learning and improving their aquatic skills. Both the Field House and Auxiliary pools, located within Whitefish Bay High School, are used. Participants using either pool should use the field house locker rooms. Enter the locker rooms through the Field House lobby. A shower must be taken prior to entering the pool.

SECTION	DAYS	DATES
Section A1	Mon – Thurs	June 17 – June 27
Section A2	Mon – Thurs	July 1 – July 12 (skip July 4)
Section A3	Mon – Thurs	July 15 – July 25
Section A4	Mon – Thurs	July 29 – Aug 8
Section A5	Sat	June 22 – Aug 10
Section A6	Mon/Wed	June 17 – July 15 (skip July 3)

TODDLER	SECTION	DAYS	TIME	LOCATION	CODE#
Classes stress water safety and begin the development of swimming techniques. Adults must accompany each child in the water. Children should wear swim diapers.	A5	Sat	9:00 – 9:30 am	Field House	110802
PRESCHOOL	SECTION	DAYS	TIME	LOCATION	CODE#
Designed for preschoolers who have little experience and are cautious without parents around the pool. One adult must accompany each child into the water.	A5	Sat	9:30 – 10:00 am	Field House	120803
	A6	Mon/Wed	6:25 – 6:55 pm	Auxiliary	120803
LEVEL I – WATER EXPLORATION	SECTION	DAYS	TIME	LOCATION	CODE#
Children should feel comfortable in the water. Subjects covered include: water safety, submerging head, using arms and legs on front and back, exhaling underwater and floating (front and back).	A1, A4	Mon – Thurs	9:00 – 9:45 am	Field House	130801
	A2, A3	Mon – Thurs	10:00 – 10:45 am	Field House	130802
	A2	Mon – Thurs	11:00 – 11:45 am	Field House	130803
	A5	Sat	10:00 – 10:45 am	Field House	130805
	A6	Mon/Wed	5:30 – 6:15 pm	Auxiliary	130807
LEVEL II – PRIMARY SKILLS	SECTION	DAYS	TIME	LOCATION	CODE#
Skills covered include: front and back glide, treading water, jellyfish float, combined stroke (front and back).	A4	Mon – Thurs	9:00 – 9:45 am	Field House	140801
	A1, A3	Mon – Thurs	10:00 – 10:45 am	Field House	140802
	A1, A2, A4	Mon – Thurs	11:00 – 11:45 am	Field House	140803
	A5	Sat	9:00 – 9:45 am	Field House	140805
LEVEL III – STROKE READINESS	SECTION	DAYS	TIME	LOCATION	CODE#
Skills include: reaching assist, front and back crawl, standing dive, rotary breathing, butterfly kick, survival float.	A1, A2, A3	Mon – Thurs	9:00 – 9:45 am	Field House	150801
	A4	Mon – Thurs	10:00 – 10:45 am	Field House	150802
	A1, A3	Mon – Thurs	11:00 – 11:45 am	Field House	150803
	A5	Sat	10:00 – 10:45 am	Field House	150806
	A6	Mon/Wed	5:30 – 6:15 pm	Auxiliary	150807
LEVEL IV – STROKE DEVELOPMENT	SECTION	DAYS	TIME	LOCATION	CODE#
Skills include diving, elementary backstroke, breaststroke, butterfly, throwing assist.	A2, A3	Mon – Thurs	9:00 – 9:45 am	Field House	160801
	A1, A4	Mon – Thurs	10:00 – 10:45 am	Field House	160802
	A5	Sat	11:00 – 11:45 am	Field House	160804
	A6	Mon/Wed	6:25 – 7:10 pm	Auxiliary	160805
LEVEL V / VI – STROKE REFRINEMENT SKILL PROFICIENCY	SECTION	DAYS	TIME	LOCATION	CODE#
Skills include survival swimming, open turns, rescue breathing, flip turn, continued practice with elementary backstroke, breaststroke, sidestroke and butterfly.	A2	Mon – Thurs	10:00 – 10:45 am	Field House	170801
	A3, A4	Mon – Thurs	11:00 – 11:45 am	Field House	170802
	A5	Sat	11:00 – 11:45 am	Field House	170803

PRIVATE SWIM LESSONS & SEMI-PRIVATE SWIM LESSONS

Location: WFB High School Pools
 Mon/Fri Field House Pool
 Tues/Thurs Auxiliary Pool

Ages: 5 years and older

Days: Mondays **Dates:** July 8 – July 29
Time: 1:45 – 3:00 pm

Tuesdays **Dates:** June 18 – Aug 6
Time: 1:45 – 3:00 pm

Thursdays **Dates:** June 20 – Aug 8
Time: 1:45 – 3:00 pm (skip July 4)

Fridays **Dates:** June 21 – Aug 9
Time: 9:00 – 11:20 am (skip July 12)



Private Lessons

\$40.00 per 30-minute session

Semi-Private Lessons

\$20.00 per person per 30-minute session

To register, please complete a Private Swim Lesson Request form on our website. Once you place your request, your information will be forwarded to our swim instructors who will reach out to you and schedule your lessons. If requesting a semi-private lesson, the students need to be similar in ability or we might not be able to honor your request.

FAMILY FUN SWIM

Location: WFB High School, Field House Pool

Days: Saturdays

Time: 2:00 – 3:00 pm

Dates: June 22, 29, July 6, 13, 20, 27, August 3, 10, 17

Fee: res./non-res.
 \$50.00/\$60.00

The Family Fun Swim program is an opportunity for families to enjoy the pool. Registration will get you and your family an hour-long pool time on a Saturday or Sunday of your choice for up to 15 of your family members. The swim time includes access to fun pool noodles, toys and the diving well. Swimmers 17 years and under must pass a swim test in order to use the diving well. Children under 7 must be accompanied in the pool by a parent or guardian.

To register, please complete a Family Fun Swim Request Form on our website. Forms must be received before 3:00 pm on the Thursday prior to the Saturday or Sunday you would like to reserve.



OPEN SWIM

Location: WFB High School, Field House Pool

Days: Wednesdays and Sundays

Time: 1:45 – 3:30 pm

Dates: June 19 – Aug 21

Note: Cancellations may happen during the season with limited notice.

Fee: At The Door:
 \$3.00 per child (children 3 years and under are FREE!)
 \$4.00 per adult (adults 55 and over are FREE!) **or**
 or purchase a Family Open Swim Discount Card

Please bring exact change or present your Open Swim Discount Card for admission.

Please make sure the pool is open before you drop off your children. Spectators are allowed in the pool area by permission of lifeguards only. Children under 7 must be accompanied in the pool by a parent or guardian. Participants 17 years of age and below must pass a swim test to utilize the diving well.

Pool requirements: Participants must furnish their own swimsuit and towel. Showers must be taken and any band-aids removed prior to entering the pool. Use of any swimming aid is by permission of the lifeguards. No food drink, hairpins, paper or glass containers permitted in the pool area. Lockers are provided and everyone is encouraged to bring a lock. The Recreation Department is not responsible for any lost or stolen articles. Participants should familiarize themselves with the pool rules posted inside the pool area.

Family Open Swim Discount Card: Our special Family Open Swim Discount Card entitles the holder and family to reduced admission to our summer Open Swim. See above for Open Swim dates and times. Valid for 30 Open Swim sessions (one punch per person per visit), the card may be used by all family members. Stop by the Recreation Department office and get your card today. You must register in-person to receive the card. Discount cards will not be mailed.

SAVE .50¢ PER SWIM

Family Open Swim Discount Card:
 WFB residents only \$75.00



AQUATICS

IMPORTANT:

All Aquatics participants must enter the designated Locker Rooms using the stairs from the Fieldhouse Pool deck. Please do not enter the Locker Rooms from the Fieldhouse Lobby.

LAP SWIMMING

Location: WFB High School, Field House Pool

Days: Monday thru Friday mornings

Time: 6:00 - 7:30 am

Monday thru Thursday evenings

Time: 7:00 - 8:30 pm

Saturday and Sunday mid-day

Time: 12:00 - 1:30 pm

Note: Please limit your time in the locker rooms to 15 minutes after your class is over.

Course Code: 190301

Section A1: June 2 - Aug 31 (skip evening of July 3, skip all day June 14, 15, 16, July 4)

Section Fee: res./non-res. \$65.00/\$75.00

Lap swimming is a wonderful way to keep in shape! This program is geared to accommodate adults who are looking for a relaxed workout.

NOON RECREATIONAL SWIM

Location: WFB High School, Field House Pool

Days: Monday thru Sunday **Time:** 12:00 - 1:30 pm

(June 3 - June 13 time will be 12:00 - 12:45 pm

Mon thru Fri)

Dates: June 2 - Aug 31 (skip all day June 14, 15, 16, July 4)

Note: Please limit your time in the locker rooms to 15 minutes after your class is over. Sessions may be canceled with limited notice due to scheduling conflicts.

Course Code: 190302

Section A1: Adults 18 thru 54 years old

Section A1 Fee: res./non-res. \$55.00/\$65.00

Section A2: Seniors 55 years old and above

Section A2 Fee: res./non-res. \$45.00/\$55.00

Here's your chance to have fun, get fit and enjoy the water! This informal swimming program is designed for participants 18 years and older.

MASTER SWIM

Supervisor: Meghan Olson, Swim Coach

Location: WFB High School, Field House Pool

Days: Monday thru Friday **Time:** 6:00- 7:30 am

Course Code: 190802

Section A1: June 3 - Aug 30 (skip July 4)

Section A1 Fee: res./non-res. \$170.00/\$180.00

Section A2: Lap Swim Add-On (Mon thru Fri 6:00 - 7:30 am only)

Section A2 Fee: \$20.00

Master Swim is an aquatic fitness program for triathletes, competitive and fitness swimmers. The group will be coached by a trainer who will provide individualized goals. The emphasis is to focus and concentrate on swim stroke efficiency by utilizing drill sets and "swim thoughts". Each practice accommodates all skill levels, including beginner, intermediate and advanced triathlete. Jump start your day with a great swim workout! **Master Swimmers wishing to extend their morning pool time may register for course code 190802 A2. The cost for this add-on is \$20.00.**

EVENING WATER AEROBICS

Instructor: Kathy Seitz, WSI Certified Instructor

Location: WFB High School, Field House Pool

Days: Mondays **Time:** 7:15 - 8:45 pm

Course Code: 190306

Section A1: June 3 - Aug 26

Section Fee: res./non-res. \$65.00/\$75.00

This program is offered in the evening and is a more relaxed and social version of the morning program. This class offers participants a fun way to tone up their muscles and perhaps lose an inch or two! Participants need not know how to swim in order to take advantage of this program.

MORNING WATER AEROBICS

Instructor: Karma McMillan, Certified Fitness Instructor

Location: WFB High School, Field House Pool

Time: 10:30 - 11:45 am

Course Code: 190303

Section A1: Mondays June 5 - Aug 28 (skip July 3)

Section A2: Wednesdays June 7 - Aug 30

Section A3: Fridays June 9 - Sept 1

Section Fee: res./non-res. \$55.00/\$65.00

Swimmers and non-swimmers, come join us for one hour of aerobic activity, strength training and stretching. This class is more vigorous than the Evening Water Aerobics class. The last 1/2 hour may be spent swimming laps. Pool temperature is between 78-82° and there is a lifeguard on duty.

**DON'T WAIT...
IT MIGHT BE TOO LATE...**

Decisions on whether to run or cancel a program due to low enrollment typically take place one week prior to a program start date. We hate to cancel classes due to late registrations.

PLEASE DON'T WAIT TO REGISTER.



LOW IMPACT AEROBICS

Instructor: Karma McMillan, Certified Personal Trainer

Location: Lydell School & Community Center, Gym

Days: Mondays, Wednesdays & Fridays

Time: 8:00 – 8:45 am

Course Code: 190315

Section A1: June 10 – Aug 16 (July 3, 5)

Section Fee: res./non-res. \$65.00/\$75.00

What's a better way to start your morning than with a low-impact aerobics program. The routine includes an essential warm-up, aerobic segment, and cool down. Sign up for Strength and Stretch for an additional \$10.00 (course code 190319 A2).

STRENGTH AND STRETCH

Instructor: Karma McMillan, Certified Personal Trainer

Location: Lydell School & Community Center, Gym

Days: Mondays, Wednesdays and Fridays

Time: 8:50 – 9:35 am

Course Code: 190319

Section A1: June 10 – Aug 16 (July 3, 5)

Section Fee: res./non-res. \$65.00/\$75.00

Strengthen and tone along with increasing your balance. Total body exercise that includes stretching, use of weights, and mat work. Sign up for Low Impact Aerobics for an additional \$10.00 (course code 190315 A2).

ZUMBA

Instructor: Tatiana Nuss, Certified Zumba Instructor

Location: Lydell School & Community Center, Gym

Day: Thursdays **Time:** 6:30 – 7:30 pm

Course Code: 190326

Section A1: June 6 – July 18th (skip July 4)

Section Fee: res./non-res. \$45.00/\$55.00

Zumba is a fitness program that combines Latin and International music with dance moves. Classes are designed by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party! Zumba routines are planned to get your heart rate up and boost your cardio endurance. Zumba celebrates the ability to learn moves as you progress through the classes making it easy for anybody to join in the fun!

YOGA WITH JILLIAN

Instructor: Jillian Holy, Certified Yoga Instructor

Location: Lydell School & Community Center, Room 17

MONDAYS

Course Code: 190322

Dates: June 24 – Aug 26 (skip July 29, Aug 5)

Section A1: Beginner/Intermediate **Time:** 4:30 – 5:40 pm

Section A2: Beginner/Intermediate **Time:** 5:45 – 6:55 pm

WEDNESDAYS

Course Code: 190323

Dates: June 19 – Aug 21 (skip July 3, July 31)

Section A1: Gentle **Time:** 9:45 – 10:55 am

Section A2: Beginner/Intermediate **Time:** 11:00 am – 12:10 pm

Section Fee: res./non-res. \$70.00/\$80.00

These Yoga classes incorporate breathing practices, basic postures, joint exercises and relaxation techniques. The practices are designed to meet each individual where they are at. Beginners are welcomed and the various class levels are designed to create access and comfort for all abilities.

Beginner/Intermediate Yoga is designed for individuals who are completely new to yoga or have already taken beginner-level yoga classes and would like to deepen their practice.

Gentle Yoga is particularly designed for individuals over 60 and those seeking a gentle class. The slow pace of the gentle class is designed to accommodate all levels of ability, strength and balance. Chairs are used for support and balance. When weather permits, class may be held outdoors.

BARRE

Instructor: Karma McMillan, Certified Personal Trainer

Location: Lydell School & Community Center, Room 19

Days: Tuesdays and Thursdays **Time:** 1:00 – 1:30 pm

Course Code: 191701

Section A1: June 4 – June 27

Section A2: July 9 – Aug 1

Section A3: Aug 6 – Aug 29

Section Fee: res./non-res. \$100.00/\$110.00

Barre is a toning, bodyweight-lifting workout. It engages muscles you wouldn't normally target – ones deep inside your body that squats, lunges and sit-ups don't reach. With high-reps and low-impact movements, barre challenges anyone looking to fine-tune their muscles – no ballet experience required. Participants should bring a yoga mat.

READY TO DIVE IN?

OZAUKEE AQUATICS

OZAUKEE AQUATICS IS YOUR LOCAL, YEAR-ROUND COMPETITIVE USASWIMMING CLUB!

OUR TECHNIQUE-DRIVEN PROGRAMMING IS READY TO HELP YOU ACHIEVE ANY GOAL YOU HAVE. FROM STATE QUALIFIER TO OUR NEXT INTERNATIONAL MEDALIST!

OPEN TO ALL AGES! -FUN & TEAM-DRIVEN!

-FOUR CONVENIENT POOL LOCATIONS!
(Cedarburg, Kiel, Mequon, Whitefish Bay)

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PILATES WITH YIN YOGA

- Instructor:** Karma McMillan, Certified Personal Trainer
- Location:** Lydell School & Community Center, Room 19
- Age:** 18 and older
- Days:** Tuesdays and Thursdays **Time:** 12:00 – 12:45 pm
- Course Code:** 191702
- Section A1:** June 4 – June 27
- Section A2:** July 9 – Aug 1
- Section A3:** Aug 6 – Aug 29
- Section Fee:** res./non-res. \$100.00/\$110.00

Pilates is a form of exercise which concentrates on strengthening the body with an emphasis on core strength. This helps to improve general fitness and overall well-being. This class will be combined with Yin Yoga, a slower-paced, more meditative version of the popular physical and spiritual discipline of yoga. In Yin yoga, the poses are held for a long period of time (typically three to five minutes or longer) to target the connective tissues (such as the ligaments) rather than focusing on the muscles. The best of both exercises combined into one class! You will need to bring a yoga mat to class with you.

COMMUNITY FITNESS CENTER ADULT MEMBERSHIP

- Attendants:** WFB Recreation Department Staff
- Location:** WFB High School, Fitness Center
- Days:** Mon thru Thurs **Time:** 6:00 – 8:00 pm
Mon and Weds **Time:** 5:30 – 7:30 am
Sat **Time:** 8:00 – 11:00 am
- Dates:** June 3 – Aug 31 (skip July 3, 4)
- Course Code:** 190305
- Section A1:** Adults 18 – 54 years old
- Section A1 Fee:** res./non-res. \$90.00/\$100.00
- Section A2:** WFB Seniors 55 years old and above
- Adult Fee:** res. \$70.00
- Section A3:** Lap Swim Add-On \$20.00
- Note:** (See Lap Swim program on Page 39 for dates & times.)

The weight room will be open and a supervisor will be available to show the proper use of the equipment, provide a workout routine for those unsure of where to begin, or help you design a custom workout. Research has shown that resistance (weight) training is a vital component for maintaining muscle strength, overall good health and even maintaining cognitive function for men and women. All new participants must attend an on-site fitness center orientation on their first visit facilitated by a fitness attendant prior to use. With the purchase of your membership, you can add the Lap Swim Program for an additional \$20.00.

REGISTER TODAY!



DROP OFF / MAIL
5205 N. Lydell Avenue
Whitefish Bay, WI 53217



ONLINE
www.wfbschools.com

PERSONAL TRAINING

- Instructor:** Certified Personal Trainers
- Location:** WFB High School, Fitness Center
- Days:** Mondays thru Thursdays, Saturdays
- Ages:** 18 years and up

INDIVIDUAL TRAINING

	Section A1:	Section A2:	Section A3:	
Section A1:	30 Minute Session			
Section A2:	45 Minute Session			
Section A3:	60 Minute Session			
# of sessions	Course Code	Section A1 Fee	Section A2 Fee	Section A3 Fee
1	190331	\$30.00	\$37.00	\$43.00
6	190332	\$168.00	\$219.00	\$246.00
12	190333	\$312.00	\$396.00	\$468.00
18	190335	\$432.00	\$558.00	\$664.00

2-PERSON TRAINING

	Section A1:	Section A2:	
Section A1:	45 Minute Session		
Section A2:	60 Minute Session		
# of sessions	Course Code	Section A1 Fee	Section A2 Fee
1	190336	\$55.00	\$65.00
6	190337	\$315.00	\$369.00
12	190338	\$594.00	\$702.00
18	190339	\$837.00	\$998.00

Take your personal fitness to the next level with the guidance of one of our certified personal trainers. Packages include an initial consultation along with a personal plan to help you reach your fitness goals.

To be contacted with further information, please complete a Personal Training Request Form on our website or stop in to the Recreation Department. Once registered, our Personal Trainer will contact you to start scheduling your sessions.

WEIGHT TRAINING

- Instructor:** Karma McMillan, Certified Personal Trainer
- Location:** WFB High School, Fitness Center
- Days:** Saturdays **Time:** 11:00 am – 12:00 pm
- Course Code:** 191208
- Section A1:** June 15 – Aug 3
- Section Fee:** res./non-res. \$65.00/\$75.00

Taught by a certified personal trainer, this class is both for beginner and advanced individuals. Our instructor will work with you one-on-one or in a group setting offering guidance, feedback, and personalized plans to assist you in taking the next steps in your fitness journey as it relates to weight training for both strength and endurance.

SEEKING NEW INSTRUCTORS & PROGRAM IDEAS FOR FALL OF 2024



Teach what you love while earning some extra cash!

Please submit your course proposals by May 31, 2024. The Course Proposal form can be downloaded from our website at www.wfbschools.com.



INDIVIDUALIZED WORKOUT PLAN

Instructor: Karma McMillan, Certified Personal Trainer

Section A1: Individualized Workout Plan

Section A1 Fee: res./non-res. \$65.00/\$75.00

Section A2: One Training Session with Instructor

A2 Location: WFB High School, Fitness Center

Section A2 Fee: res./non-res. \$35.00/\$45.00

If you're stuck on how to start getting into shape, this is the perfect program for you! Our certified personal trainer will help you start your journey by setting you up for success with your very own personalized 2 month training program. Karma will go over with you the areas that you would like to target your training towards or what your overall goals are for your program. You can also sign up for a training session with Karma and go over your program with her one-on-one in the Whitefish Bay High School Fitness Center to make sure that you are doing the exercises correctly to maximize your plan. Don't wait any longer and sign up today!

Please go to the Recreation and Community Education Department webpage to sign up for this program, it is located under the WFB Fitness Center drop-down menu.

NORTH SHORE MARTIAL ARTS CLUB (NSMAC)

Instructor: Phil Sauer, Owner of North Shore Martial Arts Club

Location: Lydell School & Community Center, Gym

Ages: 11 years and up

Days: Mondays and Wednesdays **Time:** 6:00 – 7:15 pm

Course Code: 151206

Section A1: July 8 – Aug 14

Section Fee: res./non-res. \$179.00/\$189.00
(25% additional family member discount)

Improve fitness and have fun while learning the Martial Arts from North Shore resident, Phil Sauer. Phil has been a Martial Art instructor since 1972 and has taught at UW-Milwaukee since 1979. This program will challenge you, mentally and physically, as you learn kicking, punching and self-defense techniques that will keep you safe and fit.

KEEP KOOL LESSONS-LEARN TO SKATE

Instructor: Jill Herbst, Director, USM Learn to Skate Program

Location: Polly and Henry Uihlein Sr. Ice Arena, University School
2100 W. Fairy Chasm Road, River Hills, WI 53217

Days: Tuesdays **Time:** 5:30-6:15 pm

Dates: June 18 – July 30

Course Code: 131203

Section Fee: res./non-res. \$155.00/165.00

For a fun and positive experience that will instill or help you continue a lifelong love of skating. The adult curriculum is designed for both beginning and experienced ice skaters. The class will focus on a variety of beginner to advanced skills: fitness, balance, body alignment, coordination, agility and increased stroking power.

OPEN BASKETBALL

Supervisor: Chad Sloden, WFB Recreation Staff

Location: WFB High School, Field House

Day: Wednesdays **Time:** 7:30 – 9:30 pm

Course Code: 191203

Section A1: June 19– Aug 21 (skip July 3)

Section Fee: res./non-res. \$50.00/\$60.00

Participating in our open basketball program is a great way to add fun and fitness to your summer schedule without the pressure of league play. Please make sure that you register before the start date. There are late fees that apply for registrations received on or after the start date.

ARCHERY

Coordinator: Nicolet Recreation Department

Instructor: Inna Lebedinsky

Location: Kletzsch Park Archery Range, Glendale

Days: Tuesdays, Wednesdays, Thursdays

Time: 6:15 – 7:00 pm

Course Code: 161208

Section D1: June 4 – June 13

Section D2: June 18 – June 27

Section D3: July 16 – July 25

Section Fee: res./non-res. \$75.00/\$85.00

Focused attention from the instructor with an emphasis on learning proper techniques and avoiding bad habits. Learn the fundamentals and build your skills. Instructed by Inna Lebedinsky, an Olympian who represented the Soviet Union in the 1980 Olympic Games. Equipment is provided; participants are also welcome to bring their own bows. Register for two Summer sessions and receive a Fall session for FREE!

BADMINTON

Supervisor: William Couture, WFB Recreation Staff

Location: WFB High School, Field House

Day: Wednesdays **Time:** 7:30 – 9:30 pm

Course Code: 191201

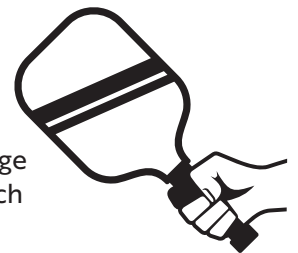
Section A1: June 19 - Aug 21 (skip July 3)

Section Fee: res./non-res. \$45.00/\$55.00

Great physical conditioning and a lot of fun. Badminton players will be paired with others that have a compatible skill level and play games weekly. Due to the nature of this class, it is recommended that participants play at an intermediate to advanced level. Beginning players are welcome, however, individual instruction may not always be available. Rackets will be furnished or you may bring your own. Shuttlecocks will be provided. The schedule may change depending upon the school calendar. Provide your email address on your registration form to receive information regarding changes in the schedule.

WANT MORE PICKLEBALL?

Mequon/Thiensville Recreation has an Indoor Pickleball program too. Stop by the Range Line Community Center between 7:30 am – 4:00 pm to purchase a punch card. A punch card costs \$33 and is good for 10 plays.





ADULT GOLF GROUP LESSONS

Instructor: Missing Links Staff
Location: Missing Links Golf Club, Mequon
Section Fee: res./non-res. \$135.00/\$145.00

TUESDAYS

Course Code: 191501 **Time:** 6:00 – 7:00 pm
Course Code: 191502 **Time:** 7:00 – 8:00 pm
Section A1: Apr 30 – May 21
Section A2: June 4 – June 25
Section A3: July 9 – July 30
Section A4: Aug 6 – Aug 27

WEDNESDAYS

Course Code: 191503 **Time:** 6:00 – 7:00 pm
Course Code: 191504 **Time:** 7:00 – 8:00 pm
Section A1: May 1 – May 22
Section A2: June 5 – June 26
Section A3: July 10 – July 31
Section A4: Aug 7 – Aug 28

THURSDAYS

Course Code: 191507 **Time:** 6:00 – 7:00 pm
Course Code: 191508 **Time:** 7:00 – 8:00 pm
Section A1: May 2 – May 23
Section A2: June 6 – June 27
Section A3: July 11 – Aug 1
Section A4: Aug 8 – Aug 29

Adult Group Lessons are ideal for the beginner and advanced beginner player. These lessons provide a thorough introduction and review of the fundamentals of playing golf. Our award-winning PGA pros discuss goals and then help to perfect your grip, alignment, posture, and swing mechanics tailored to the individual's abilities. At Missing Links, an emphasis is put on short game instruction, focusing on putting and chipping. Golf clubs provided at no additional cost.

SEWING LAB

Location: Lydell School & Community Center, Room 22
Days: Mondays **Time:** 12:30 – 3:00 pm
Course Code: 191902
Section A1: June 10 – Aug 12
Section Fee: res./non-res. \$70.00/\$80.00

Sewing Lab is designed to provide you with a premium workspace, allowing you to work side-by-side with fellow sewers in an independent environment. Come have fun in this social, creative, and inspiring space. All participants must bring their projects and fabric.

"MORE" WATERCOLOR FLOWERS

Instructor: Mary Pesch, WFB Recreation Instructor
Location: Lydell School & Community Center, Room 22
Days: Tues/Thurs
Course Code: 190706
Section A1: June 4 – July 16 (skip July 4)
Time: 7:00 – 8:30 pm
Section Fee: res./non-res. \$100.00/\$110.00

The class will paint 6 NEW Summer flowers, snapdragons, poppies, magnolias, daisies, tulips & hydrangeas. Students will learn how to blend colors, create textures & experiment making unusual backgrounds. Step-by-step illustrated worksheets & outline drawings will be provided for each class project. Drawing skills aren't a prerequisite but are helpful. Students will experiment with watercolor tools. Instructional demos will be given at each class. It is a nurturing & fun environment. All skill levels are welcome, where students learn from each other.

POTTERY THROWING

Instructor: Sarah Doll, WFB Recreation Instructor
Location: WFB High School Ceramics Studio, Room 35
Days: Mondays and Thursdays
Dates: June 17 – July 15 (skip July 4th)
Course Code: 190705
Section A1: 7:00 – 9:00 pm
Section Fee: res./non-res. \$130.00/\$140.00

This class is for beginner through advanced students with individualized instruction based on students' interests. Basic and advanced wheel-throwing techniques will be covered. Techniques for making a variety of forms such as bowls, vases, mugs, bottles and teapots will be demonstrated. Texture and altered forms will be explored as well as a variety of glazing and decorating techniques. The last day of class, July 15th, will be used to pick up completed pieces.

GRANDPARENTS GETTING STARTED BY SAFE SITTER

Instructor: Renee Vanselow-Rescue Ready LLC
Location: Shorewood High School, LMC
Day: Thursday
Date: June 20
Time: 9:00 – 12:00 pm
Course Code: 161006
Section Fee: res./non-res. \$115.00/\$125.00

Taught by a certified Safe Sitter Instructor, participants will learn how to provide the best and safest care for their grandchildren. They will also learn the latest information on how to safely care for infants and children, how to manage behavior, in addition to life saving skills such as choking rescue, first aid and injury management.

PROGRAM CANCELLATIONS & ANNOUNCEMENTS...



There are several convenient ways to keep up-to-date on our latest program cancellations.

- Check your email for weather or other emergency-related class updates.
- Visit us on Facebook for the latest department news including cancellations.
- Log into our Online Registration system and browse what classes are active or canceled.



Whitefish Bay RECREATION
 Bringing Community Together

NOTE: Don't wait to register... a \$10.00 late fee is assessed if you register on or after the start date of a program.



ADULT TENNIS

ADULT TENNIS INSTRUCTION

Instructor: Phil Kelbe, WFB High School
Former Varsity Coach

Location: Cahill Courts

Day: Mondays

Dates: June 24 – July 29

Course Code: 191601

Section A1: Beginner **Time:** 6:00 – 7:00 pm

Section A2: Intermediate **Time:** 7:00 – 8:00 pm

Section Fee: res./non-res. \$130.00/\$140.00

Beginner and intermediate players will enjoy the exercise and excitement of summer on the tennis court. Participants must furnish their own racket. Classes canceled due to inclement weather will be made up on Mondays that follow the last class.



WHITEFISH BAY TENNIS COURTS AND AVAILABILITY

Whitefish Bay Recreation Department Tennis Instruction, Leagues and Whitefish Bay Adult Tennis Club use Cahill Park Courts for all instruction, league and club play. Village and School District courts are available for the community when not used for scheduled programming. Court use is on a first-come, first-serve basis during the listed available times below.

TENNIS COURTS & LOCATIONS	DAYTIME BEFORE 5PM	NIGHTTIME AFTER 5PM
Cahill Park Courts (7 courts) Marlborough Ave & Fairmount Ave	Saturday and Sundays	Fridays, Saturdays, Sundays
Henry Clay Courts (6 courts) Whitefish Bay High School	Monday through Sunday	Monday through Sunday
Cumberland Courts (3 courts) Cumberland Elementary School	Monday through Sunday	Monday through Sunday
Richards Courts (2 courts) Richards Elementary School	Monday through Sunday	Monday through Sunday
Klode Park Courts (2 courts) Belle Ave & Lake Drive	Monday through Sunday	Monday through Sunday

WFB ADULT TENNIS CLUB

www.whitefishbaytennisclub.com

The WFB Adult Tennis Club is open to area tennis players 18+ years old who wish to meet for social and/or competitive league play. The club offers social play each Wednesday night from 6:30 to 9:30 pm at the Cahill Park courts. The courts are also reserved on Tuesday and Thursday nights for League play from 6:00 to 8:00 pm. Other activities include a winter indoor party and league play for members only.

Wed night social play is for all skill levels. 1-2 hosts set players up for 9 game pro sets (no ads) doubles. At the beginning of the night, players are rotated in a mixer format with emphasis on equal playing time and maximizing member combinations. As the night progresses, those who wish to be matched by skill level are accommodated along with those wanting to play full sets and/or singles depending on court availability. Our web site details member options for competitive league play.

ANNUAL MEMBERSHIP DUES

Single Membership: \$15 WFB resident; \$20 non-resident

Couple Membership: \$20 WFB residents; \$25 non-residents

Please direct questions to president Dan Poeschel via voice or text at (414) 213-5675; or e-mail atwhitefishbay.tennis@gmail.com

To join, visit the web site and complete the Membership Form section and pay online. You can also enclose a check, made payable to

WFB Adult Tennis Club and mail to Dan Poeschel, 6041 N Santa Monica Blvd, Whitefish Bay, WI 53217-4660

REGISTER TODAY!



DROP OFF / MAIL

5205 N. Lydell Avenue
Whitefish Bay, WI 53217



ONLINE

www.wfbschools.com



WOOD CARVING FOR BEGINNERS

Coordinator: Mequon/Thiensville Recreation Department
Instructor: Pug Dillman of Pug's Art Studio
Location: RangeLine Community Center, Room 109, Mequon
Time: 6:00 – 8:00 pm
Course Code: 191401
Section A1: Tuesday, May 21
Section Fee: res./non-res. \$80.00/\$90.00

Discover the craft and hobby of wood carving with guided instruction! Students will learn the basics of wood carving and carve their own wood spirit-mythical bearded creatures who are said to reside in the forest! Each student will be provided with a carving block, a variety of carving tools plus a pair of cut-proof gloves to wear during the class, sandpaper, and colorful staging options for creations. Moleta will be on site sharpening carving tools as needed, so students are welcome to bring their own knives, scissors, and gardening tools from home to be sharpened during class (sharpening prices listed on the Moleta websites).

HEALTHY HABITS

5-WEEK JUMPSTART PROGRAM

Instructor: Annette Garcia NBC-HWC,
Certified Healthy and Wellness Coach
Location: Virtual, Zoom Link
Day: Wednesdays **Time:** 7:00 – 8:00 pm
Course Code: 160703
Section A1: July 24 – Aug 21
Section Fee: res./non-res. \$77.00/\$87.00

Increase your energy and boost your mood naturally by building healthy habits over this 5-week program, led by a certified Health and Wellness Coach. You will be guided to add one new healthy lifestyle habit each week. The program will focus on positive changes related to hydration, nutrition, movement and stress reduction. You will receive a workbook and meet once a week over ZOOM for 60-minute group coaching sessions. You can also join an optional private Facebook discussion group for additional support throughout the program. Jumpstart better health and wellbeing through simple lifestyle changes with a certified Health and Wellness Coach. The instructor will send all participants the required ZOOM link before the first session.

WREATH MAKING

Coordinator: Mequon/Thiensville Recreation Department
Instructor: MJ White, Designer and Business Owner at MJ's Designs and Home Decor
Location: RangeLine Community Center, Room 108, Mequon
Time: 5:45 – 7:15 pm
Course Code: 191025
Section A1: Mon, June 10 Patriotic Deco Mesh
Registration Deadline: Monday, May 28
Section A2: Wed, Aug 21 Fall Floral
Registration Deadline: Wednesday, Aug 27
Section Fee: res./non-res. \$74.00/\$84.00

Instruction will be provided on how to make a designer deco mesh wreath using quality materials. Class cost includes all materials and tools needed to make a full wreath. At the end of each class, there will be a free raffle for a small prize! Follow MJ on her Business Facebook page (@MJWhiteDesignHomeDecor) or email her at mjwhitedesigns@gmail.com to see wreath workshop designs or if you have any questions.

CHARCUTERIE WORKSHOP

Coordinator: Mequon/Thiensville Recreation Department
Instructor: Amanda Mattefs, Owner of Charcuter-Me
Location: Cafe Hollander
5900 W. Mequon Road, Mequon
Time: 7:00 – 8:30 pm
Course Code: 190510
Section A1: Wednesday, May 8
Registration Deadline: Wednesday, May 1
Section A2: Wednesday, August 21
Registration Deadline: Wednesday, August 14
Section Fee: res./non-res. \$80.00/\$90.00

Create your very own charcuterie board with Charcuterie-Me! During this hands-on workshop, we will guide you step-by-step on how to create a charcuterie board, chat about what pairs well with the cheeses, give tips and tricks, and save time for question/answer sessions throughout the event. By the end of the event, you will have created a beautiful board to show off, and you will learn a life skill that will transform you into the best host! The fee includes a cheese kit and supplies.

INDIAN FOODS FOR THE SPRING AND SUMMER SEASONS

Coordinator: Nicolet Recreation Department
Instructor: Susan Pack
Location: Nicolet High School, Room B133, Glendale
Course Code: 162503
Section A1: Monday, June 3 **Time:** 6:00 – 8:30 pm
Section Fee: res./non-res. \$45.00/\$55.00

Now that we are approaching the opening of the Farmer's Market, attend this hands-on class to learn how you can take those fresh items and turn them into delicious Indian dishes.

OSTEOPOROSIS

Instructor: Diane Ping, MPT, CMTPT
Location: Freedom Physical Therapy Services
6908 N. Santa Monica Blvd
Fox Point, WI 53217
Course Code: 191008
Section A1: Wednesday, June 5 **Time:** 10:30 – 11:30 am
Section Fee: res./non-res. \$10.00/\$20.00

Osteoporosis is a reduction in bone mass which causes bones to become fragile. When bones are fragile they are at a greater risk for fracture. Peak bone density is developed in youth. Inadequate bone development can lead to common bone injuries in the child/teen athlete population as well as seniors. This lecture by a physical therapist will introduce the treatments available with a focus on lifestyle habits, nutrition and exercise, to promote gaining bone mass and stronger bones. This class will be appropriate and helpful for athletes, teens, adults, elderly and anyone cooking for children/others. Discussion points will include: risk factors, pain, safety, posture, body mechanics, exercise, nutrition, Vitamin D.



LIKE US ON FACEBOOK



DRY NEEDLING

Instructor: Scott Coonen, PT, CMTPT
Location: Freedom Physical Therapy Services
6908 N. Santa Monica Blvd
Fox Point, WI 53217

Course Code: 191009
Section A1: Wednesday, August 7 **Time:** 1:00 – 2:00 pm
Section Fee: res./non-res. \$10.00/\$20.00

Come learn about Dry Needling, a revolutionary pain relieving procedure. Intramuscular Dry Needling treatment is directed at myofascial trigger points, related to maintenance of the pain cycle. Trigger points are known to be involved in acute and chronic, localized and widespread pain including common conditions such as migraine headaches, fibromyalgia, Achilles tendonitis, sciatica and tennis elbow. Dry Needling has been proven to reduce muscle tension, promote healing and increase range of motion. All attendees will receive a complimentary Dry Needling session.

MEN'S NIGHT OUT

Location: Freedom Physical Therapy Services
6908 N. Santa Monica Blvd
Fox Point, WI 53217

Course Code: 191013
Section A1: Wednesday, June 19 **Time:** 6:00 – 7:00 pm
Section Fee: res./non-res. \$10.00/\$20.00

Why do women always get to have nights out? Gather your guy friends and come out and learn a little and mingle at Freedom PT Service's Men's Night Out. There will be presentations by local leading medical professionals on men related health topics, and much more in men's fitness and nutrition. Men of all ages are welcome. This event is free, but registration is required.

ADULT SPANISH CONVERSATION- ¡VAMOS A CHARLAR! LET'S CHAT!



Instructor: Futura Language Professionals
Location: Zoom Link will be emailed to participants
24-48 hrs prior to class

Day: Tuesdays
Date: June 4 – June 25 **Time:** 6:00 – 7:00 pm

Course Code: 190506
Section A1: Beginners
Section A2: Intermediate and Advanced
Section Fee: res./non-res. \$92.00/102.00

Are you seeking opportunities to practice speaking Spanish? If so, this is the class for you! Instructors will engage participants each week with real-life conversation scenarios to encourage chatting and conversation. Conversation topics include 'un poco de todo' a little of everything and everyday Spanish. In this dynamic and hands-on class, participants will practice useful Spanish vocabulary and conversation components that can be applied to the home, workplace, travel, leisure, etc. Start speaking Spanish today! Open to new and previous Spanish conversation participants. Basic computer experience and the ability to access Zoom is required.

ACBL BRIDGE LESSON PROGRAM



Coordinator: Mequon Thiensville Recreation Department
Instructor: Yvette Neary, ACBL accredited teacher and Emerald Life Master
Location: Range Line Community Center, Room 107, Mequon

The instructor is Yvette Neary, an ACBL accredited teacher and Emerald Life Master who has taught numerous classes for over a dozen years. She can be reached at 414-526-9035 or yneary@gmail.com if you have any questions.

HEART SERIES CLASS-DEFENSE IN THE 21ST CENTURY

Day: Tuesdays **Time:** 9:00 – 11:00 am
Course Code: 191001
Section A1: May 14 – August 6 (skip June 18, July 23, July 30)
Section Fee: res./non-res. \$90.00/\$100.00

This 10-week course assumes familiarity with the bidding system and play techniques developed in the Club and Diamond Series and focuses primarily on defense. There are reviews in each lesson on bidding and play concepts. An accompanying textbook is available for purchase from the Instructor.

MORE COMMONLY USED CONVENTIONS

Day: Tuesdays **Time:** 9:00 – 11:00 am
Course Code: 191001
Section A1: May 28 – August 13 (skip June 18, July 23, July 30)
Section Fee: res./non-res. \$82.00/\$92.00

The course follows the Commonly Used Conventions course. Although the material is primarily designed for students who have come up through the ACBL Bridge Series it should appeal to players from various backgrounds. Students should be familiar with the basics of the game-bidding, play and defense. Some of the topics that are covered are all varieties of Doubles, Overcalls, Cuebids, Unusual No-Trump, Keycard Blackwood and Gender, Leads and Signals, and Conventional Defense to opponent's INT opening. A student textbook is available for purchase from the Instructor.

SUPERVISED PLAY

Day: Wednesdays **Time:** 9:00 – 11:00 am
Course Code: 191001
Section A1: June 5 – July 17 (skip June 19)
Section Fee: res./non-res. \$56.00/\$66.00

For Bridge Players who have taken prior classes on bidding, play of hand, defense and basic conventions. Students will play pre-dealt hands and the instructor will discuss the proper bidding necessary to reach the final contract, play the hands and defend the hands.

NOTE: Don't wait to register... a \$10.00 late fee is assessed if you register on or after the start date of a program.



WHITEFISH BAY COMMUNITY GARDEN VOLUNTEER PROGRAM

Coordinator: Miriam Gerriets, Whitefish Bay Community Garden Coordinator

Location: WFB Community Garden

Ages: 13 years and up

Days: days vary **Time:** times vary

Course Code: 190500

Section A1: April through October

Section Fee: FREE

The Whitefish Bay Garden needs you! The WFB Community Garden and its volunteers provide more than just rich soil for individuals and families to grow organic food, herbs and flowers. They also build social connections and provide a way to stay active and healthy. Volunteers will be contacted by a weekly email to sign up for volunteer work times. Depending on seasonal chores, volunteers will take direction from the coordinator and prepare soil, weed, sow seeds and much more. Of course, you will reap the benefits of your hard work by receiving lots of fresh produce throughout the growing season. Participants under the age of 13 may volunteer with an adult. If you are interested in giving a monetary donation or in being a business sponsor, please call our main office at 963-3947.

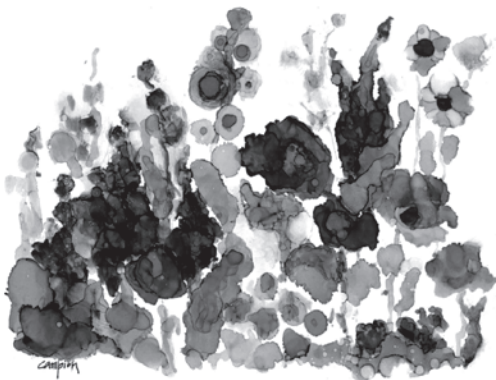


WHITEFISH BAY GARDEN CLUB PRESENTS

The 2024 *Small Spaces,* Garden Walk *Grand Places*

Saturday, July 20th

10:00am - 4:00pm



For more information and to purchase tickets: www.whitefishbaygardenclub.com

SENIOR COFFEE TALK: MOVING FORWARD: NAVIGATING THE TRANSITION WITH CONFIDENCE

- Presenter:** Annie Jurczk, Keller Williams and Lisa Haynes, A Bridge Forward
- Location:** Lydell School & Community Center, Room 17
- Time:** 10:00 am – 12:00 pm
- Course Code:** 199999
- Section A1:** Thursday, June 6th
- Section Fee:** FREE – Light Refreshments Will Be Served

Are you or a loved one considering a move but feeling overwhelmed by the process? Whether downsizing for retirement, relocating to a new area, or simply craving a change of scenery, the prospect of moving can be daunting. That's why we're excited to announce this upcoming seminar designed to provide valuable insights and guidance for seniors and their families as they embark on this next chapter of life. The seminar will be led by a Senior Real Estate Professional and Expert Downsizer and will address common concerns and provide valuable insights to help ease your transition. Learn about the current real estate market trends, tips for selling your home efficiently, strategies for decluttering and organizing your belongings, insider tips on staying organized, donation signs for your treasures, packing tips and more. Don't let uncertainty hold you back from making a positive change—attend this seminar and gain the knowledge and confidence you need to embark on your next chapter with ease. Open to all community members who are considering a move or simply want to learn more about the process, and there will be ample opportunities to ask questions.



Annie Jurczk, Keller Williams: Annie transitioned into real estate after a successful 35-year career as an executive in the nonprofit world. Annie brings this experience and combined with her extensive knowledge as a Certified Senior Real Estate Specialist, to benefit every client. Annie's unique combination of resourcefulness and knowledge of the market, along with her trademark friendly personality, make her an effective Realtor and a genuine partner in meeting your needs.

Lisa Haynes, A Bridge Forward: Lisa is the owner of A Bridge Forward, a move management company in the greater Milwaukee area specializing in helping seniors and other busy people downsize, pack, move and unpack. The company's professional move managers coordinate all aspects of a move from initial planning to setting up a new home. A Bridge Forward is bonded, insured, and a member of the National Association of Senior Move Managers. Prior to starting this business, Lisa was a marketing strategy professional with Kohl's Department Stores.

THE INFORMED INVESTOR: RETIREMENT PLANNING FOR FINANCIAL SUCCESS

- Presenter:** Lyssa McGauran, Financial Advisor, Kindler Henrickson Group
- Location:** Lydell School and Community Center, Room 17
- Time:** 9:00 – 10:30 am
- Course Code:** 199999
- Section A3:** Thursday, August 1st
- Section Fee:** FREE – coffee and treats will be provided

This course is designed for those approaching retirement and those who have recently transitioned into retirement. Take charge of your finances and get equipped with the facts you need to prepare for a financially secure retirement. Topics covered will include estimating retirement needs, utilizing the appropriate investment vehicles & the tax implications, and understanding strategies relating to Social Security & Medicare. Learn why having a financial plan is not just for the 1%.

FALL PREVENTION

- Presenter:** Shawn McComb, Executive Director of Right At Home
- Location:** Lydell School and Community Center, Room 17
- Time:** 10:30 am – 12:00 pm
- Course Code:** 199999
- Section A2:** Thursday, July 11th
- Section Fee:** FREE – coffee and treats will be provided

The goal of this session is to help Seniors reduce their risk of taking falls. Falls are a leading cause of life changing injuries, higher medical costs, and a loss of independent living. The objectives of this session are to provide practical information and guidance that Seniors can use in their residence and community on a daily basis. Participants will learn about a wide range of tips and risk factors to help improve their safety. The session includes video and other content from the National Council on Aging, the Milwaukee County Fall Prevention Coalition, and other nationally recognized organizations. Video, fun and interactive questionnaires, a Fall Risk Prevention Checklist, and an individualized Fall Risk Assessment for each participant are included.



SENIOR TRIPS

Time to Explore



COLORADO TRAINS AND TRAILS

Date: September 7-September 13
Note: Registration Deadline: Friday, August 2nd, no refunds for cancellations after this date. Gratuities for the Tour Director and Driver are not included in this price and are at the traveler's discretion. Please note the itinerary is subject to change. Fees are per person.
Course Code: 177777
Fee: Single Occupancy \$2785 A1
 Double Occupancy \$2199 A2
 Triple Occupancy: \$2169 A3

Trip Includes:

- Tour the U.S. Olympic & Paralympic Training Center
- Visit the U.S. Air Force Academy Visitors Center
- Journey on the Royal Gorge Railroad
- ALL ABOARD the Pikes Peak Cog Railway
- Visit the Garden of the Gods Visitors Center, see the movie "How did those RED ROCKS get there?" and take a guided tour of the Garden of the Gods
- Flying W Ranch & Chuckwagon Supper Show
- Georgetown Loop Railroad Excursion
- Visit Buffalo Bill Museum & Grave
- Motorcoach Transportation and the Services of a Happy Times Tour Director
- 13 Meals
- 6 Nights of Accommodations

Departures: 6:30 am Depart College Ave NE P&R (estimated return at 6:00 pm)
 7:00 am Depart Watertown Plank P&R (estimated return at 5:30 pm)
 8:00 am Depart Johnson Creek P&R (estimated return at 4:30 pm)
 8:30 am Depart American Center Park & Ride Madison (estimated return 4:00 pm)

MACKINAC ISLAND & THE SOO LOCKS

(SAULT STE. MARIE, MICHIGAN)

Date: September 9- September 12
Note: Registration Deadline: Monday, August 5. No refunds for cancellations after this date. Gratuities for the Tour Director and Driver are not included in this price and are at the traveler's discretion. Please note the itinerary is subject to change. Fees are per person.
Course Code: 177777
Fee: Single Occupancy \$799 B1
 Double Occupancy \$679 B2
 Triple Occupancy: \$674 B3

Trip Includes:

- 3 Nights at the Kewadin Casino Sault Ste. Marie
- a Total of \$30 in Play at Kewadin Casino plus \$10 in Meal Credits
- Optional Tour #1: Mackinac Island - \$36 per person

- Optional Tour #2: Soo Locks Boat Cruise \$30 per person
 - Stop at the Island Casino & Resort and the first day and the last day
 - Motorcoach Transportation and the Services of a Happy Times Tour Director
 - 4 Meals + \$10 in Meal Credits at the Kewadin Casino
- Departures:** 7:00 am Depart Johnson Creek P&R (estimated return at 6:45 pm)
 8:00 am Depart Watertown Plank P&R (estimated return at 6:00 pm)
 8:30 am Depart College Ave NE P&R (estimated return at 5:30 pm)

MILWAUKEE'S JULY 3RD LAKEFRONT FIREWORKS #1- VIP EXPERIENCE

Date: Wednesday, July 3rd
Note: Registration Deadline: Wednesday, May 12. All Daycations require payment at the time of your reservation and all payments are non-refundable. You can have someone replace you if you need to cancel. Gratuities are not included in this price and are at the traveler's discretion. Please note the itinerary is subject to change.

Course Code: 177777 CI
Fee: \$169.00 per person

Want to see Milwaukee's fantastic Lakefront fireworks for July 3rd, but do not want the headache of driving and finding a place to park. Join Happy Times Tours as we take you to the War Memorial where we will make our way to the Plaza for reserved seating at tables of 10 in the first few rows of tables facing Lake Michigan for the best views possible. You will be treated to a Picnic Style Buffet Dinner (Grilled Hamburger or Pulled BBQ Pork, Usinger's Bratwurst, All-Beef Hot Dogs, Strawberry Balsamic Pasta Salad, Coleslaw, Mini Corn on the Cob, Assorted Chips, Peach Cobbler) and 2 tickets for beer, wine & soda! There will also be live music by the popular 5 Card Stud Band and a spectacular view of the July 3rd Fireworks from our reserved seating on the Fitch Plaza of the War Memorial Center! All of our tables of 10 will be in the first few rows facing Lake Michigan so you will have the best views possible. And, NEW for 2024, we have parking at the War Memorial with an elevator entrance!

Departures: 5:30 pm Depart Hales Corners Park & Ride (estimated return at 11:15 pm)
 5:45 pm Depart State Fair Park & Ride (estimated return at 11:00 pm)



PROVIDED BY
HAPPY TIMES TOURS
& EXPERIENCES

Contact the Recreation Department Office for more detailed itineraries.

Sign Up Today!

NEED HELP WITH THE FOLLOWING?

- Updating your existing Household Account
- Requesting a Program Withdrawal
- Requesting to be added to a Program Waitlist
- Forgot my Household ID #
- Other General Recreation Questions

Simply fill out our Help Request Form, and we will assist you within 2 business days!

You can find the form through our District Website; wfbschools.com/community-recreation/



LEARN TO SAIL!!!

**CEDAR LAKE YACHT CLUB
WEST BEND, WI**

YOUTH & ADULT PROGRAMS

**CEDAR LAKE YACHT CLUB
4734 YACHT CLUB DR.
WEST BEND, WI**

Questions? Nicole Boemer
nlboemer@gmail.com

SAILING INSTRUCTION

X BOAT CAMPS

**BEGINNER OPTI
"LEARN TO SAIL"
CLASSES**

**DAYTIME & EVENING
SESSIONS AVAILABLE**

**REGISTRATION
CLYC.COM/SAILING**



KEEPING IN MOTION LLC

DON'T COUNT THE DAYS, MAKE THE DAYS COUNT

At Keeping In Motion LLC, We strive to keep you in your home. Our goal is to improve our clients balance & strength to stay as safe and independent as possible!

Brandi Carson

CPT/LPTA/CPR

keepinginmotionllc@gmail.com

www.keepinginmotionllc.com

(262)293-6828

**Give us a CALL for a FREE
30 min consultation!**



Elderly In Home Personal Training

Is your **STRENGTH** declining?

Is it **DIFFICULT** to get around?

Do you get **SHORT** of breath?

Do you **LOSE** your balance?

Do you need help following through with an establishe **EXERCISE PROGRAM** from a Physical Therapist?

DEPARTMENT INFORMATION

DEPARTMENT PROCEDURES:

MISSION STATEMENT

The Whitefish Bay School District, through the Whitefish Bay Recreation Department, is committed to improving the quality of life. This is achieved by providing a wide variety of quality recreational, educational, cultural and social programs and services for all residents and students of Whitefish Bay.

REGISTRATION PROCESS

A digital version of the seasonal guide is available online for viewing before the start of Priority Registration for Whitefish Bay Residents. The digital version is posted on the Recreation Department website and Facebook page. Program guides are mailed to **Whitefish Bay Residents only** and are typically received at least one week after Priority Registration has begun. Once Priority Registration starts, residents are encouraged to register online, by mail, or in person. Resident registrations received during the Priority Registration Period are entered into a Registration Lottery. The Registration Lottery takes place before non-residents can begin to register for programs. If space is still available in a program after Priority Registration has concluded, additional program registrations are processed on a first-come, first-served basis.

LOTTERY INFORMATION

During the Priority Registration Period, all residents of Whitefish Bay have equal access to register for programming. During the Priority Registration Period, all those who wish to participate in a program will need to register, even if enrollment capacity has been exceeded. On the Selection Date, registrants are randomly selected via a computerized registration lottery for recreation programs that have exceeded their enrollment capacity. Those not selected in the registration lottery are notified and placed on a waitlist.

The registration receipt, received by email, during Priority Registration only confirms that you have been registered for the Registration Lottery, if the program exceeds enrollment capacity.

- If the program does exceed enrollment capacity, you will receive an email either confirming your enrollment or sharing that you have been added to a waitlist.
- If the program does not exceed enrollment capacity, then your original receipt is your class confirmation.

REGISTRATION DEADLINES

Registration deadlines are typically one week prior to the start of the class. Some programs have program-specific deadlines and registration policies. Check individual program information for program-specific deadlines and registration policies.

SAME DAY/LATE REGISTRATION

The Recreation Department will add an additional fee of \$10.00 per program for every registration received on or after the start date or registration deadline of the program.

WAITING LISTS

If you notice a class is full online, please call our office to be placed on the waitlist. If your registration is received in paper

form and the class is full, you will be notified by email and placed on the waitlist. If the waitlisted class has an opening, we will automatically register the next person on the waitlist. An email notification will be sent out letting the participant know they are off the waitlist and that payment is due. Payment can then be made by calling our office or online.

PROGRAM WITHDRAWAL PROCEDURE

All withdrawals must be done at least one week prior to the start of the program. Withdrawals will result in a household credit in the amount of the program. Refunds are only issued under the circumstances listed below. Some programs may have varying policies based on differing registration deadlines. Withdrawal requests when less than one week prior to the start of the program may not be honored.

REFUND PROCEDURE

Refunds will ONLY be issued in the following situations:

- A class is cancelled by the Recreation Department
- A family moves from the village
- Satisfaction Guarantee (See policy page 53)
- Medical condition

To request a refund, please send a written letter or email a request to Carin Keland.

CLASS TRANSFER PROCEDURE

Class transfers may be made subject to class availability and must be done at least three business days prior to the start of a class.

INCLUSIVE RECREATION

The Whitefish Bay Recreation Department believes in providing high quality programming for all. We are committed to an inclusive approach and will provide reasonable accommodations to enhance program participation. However, we are not able to provide one-on-one support and our programs do not address IEP specific goals. Please list any allergies or special accommodations on the registration form. Please contact Carin Keland, Director of Recreation and Community Education, at (414) 963-3888 or at carin.keland@wfbsschools.com.

RESIDENT DEFINITION

Residents are defined as persons who live in the Village of Whitefish Bay or attend the School District of Whitefish Bay. Non-Resident fees apply to those who live outside the Village of Whitefish Bay.

DEPARTMENT INFORMATION

DEPARTMENT PROCEDURE:

SATISFACTION GUARANTEED

You are important to us! If you are not satisfied with a class, program or service that you have attended through our department, let us know your specific concerns in writing before the third class. You will receive a household credit that may be applied to another Recreation Department program. Refunds processed upon request. Some exclusions may apply.

INCLEMENT WEATHER

If the Whitefish Bay School District is closed due to inclement weather, Recreation Department activities will be cancelled. If the weather conditions deteriorate during the day, please call 414-963-3947 or become our friend on Facebook to find out the latest cancellation information. Depending upon individual program schedules, makeup classes cannot be guaranteed. Information about all School District closings and cancellations will also be announced over the following radio stations: WTMJ, WISN, WOKY Channel 4 and on Facebook.

NO SMOKING/ALCOHOL USE

A reminder to all program participants that the use of all tobacco products or drinking of alcoholic beverages on premises owned by the Whitefish Bay School District is prohibited by State Law. Your cooperation in upholding this law is necessary.

CAHILL PAVILION RENTAL

The Cahill Pavilion is available for residents for \$15.00 per hour. In addition to the hourly fee, there is a \$75.00 key deposit.

Please check with the main office for availability at (414) 963-3947. Reservations are done in-person and fees are due upon reservation.

The Cahill Pavilion is available for rent during regular park hours 8:00 am to 10:00 pm. The pavilion has tables and chairs to seat approximately 40 people. There is a microwave and sink available for renters' use as well.

Cancellations must be received at least 10 days prior to the scheduled reservation.

***Non-residents and for-profit organizations/groups/ individuals with the intent to promote/sell goods or services are not eligible to rent the Cahill Pavilion.**

DISTRICT FACILITY RENTAL

The Whitefish Bay School District encourages the maximum use of its indoor and outdoor facilities by making them available to residents of Whitefish Bay and organizations within the community. The Board encourages the use of facilities within the policies and procedures established by the District for safety, maintenance and supervision. To request rental of indoor and/or outdoor facilities, you must complete a Facilities Rental Request form found online at www.wfbschools.com and return to the District Office or email it to facility.rental@wfbschools.com. This form must be received with proof of liability insurance at least 2 weeks prior to the event/activity. All rentals must be paid for at the time of reservation. Please call the School District Business Office at (414) 963-3922 with any questions.

INDOOR FACILITIES:

HOURLY RATES	RES	NON-RES
HS Cafeteria	\$30 / hr	\$60 / hr
HS Auditorium	\$90 / hr	\$180 / hr
HS Field house	\$80 / hr	\$160 / hr
HS Auxiliary Pool	\$55 / hr	\$110 / hr
HS Field House Pool	\$80 / hr	\$160 / hr
MS Gym	\$35 / hr	\$70 / hr
Elementary Gym	\$30 / hr	\$60 / hr
Elementary Multi-Purpose Rm.	\$50 / hr	\$100 / hr
Standard Classroom	\$30 / hr	\$60 / hr

OUTDOOR FACILITIES:

HOURLY RATES	RES	NON-RES
Lubar Stadium	\$1,500 / event	\$1,500 / event
Armory Field	\$30 / hr	\$60 / hr
HS Multi-Use Field	\$110 / hr	\$150 / hr
Practice Fields	\$30 / hr	\$60 / hr

REGISTRATION FORM



PAYEE INFORMATION (adult/parent/guardian)

Last Name _____ First Name _____
Address _____ Phone _____
City/State _____ Zip _____ Cell Phone _____
Email address _____

REGISTRATION OPTIONS



DROP OFF / MAIL
5205 N. Lydell Avenue
Whitefish Bay, WI 53217



ONLINE
www.wfbschools.com

COURSE SELECTION

Participant Name (First/Last) _____ Date of Birth _____
School (If Youth) _____ Grade _____
Please list any food allergies and/or medications needed, or any pertinent comments here:
Activity/Class/Program _____ Course Code _____ Section _____ Fee

Participant Name (First/Last) _____ Date of Birth _____
School (If Youth) _____ Grade _____
Please list any food allergies and/or medications needed, or any pertinent comments here:
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Participant Name (First/Last) _____ Date of Birth _____
School (If Youth) _____ Grade _____
Please list any food allergies and/or medications needed, or any pertinent comments here:
Activity/Class/Program _____ Course Code _____ Section _____ Fee

CREDIT CARD INFORMATION

CREDIT CARD NUMBER: ---
EXP. DATE:
CVV#:

TOTAL

Signature _____

Card Holder Name (Print) _____

I am willing to coach assist/coach my child's team.

Name of volunteer _____

- No telephone registrations are accepted.
- **Payment methods:**
CHECK or CHARGE Checks payable to Whitefish Bay Recreation Dept. or credit card (Visa, Mastercard AmEX and Discover).
Cash is NOT accepted.
- Email confirmations will be sent if email is provided.

MUST READ AND SIGN BEFORE REGISTERING

LIABILITY AND PHOTO PERMISSION STATEMENT

All adult participants must sign below. The signature of a parent or legal guardian is required for youth registrations. In consideration of accepting this registration, I recognize that there are risks inherent to participation in recreational activities. I agree to indemnify and hold harmless the School District of Whitefish Bay, it's staff, employees and volunteers from and against any and all liability for bodily injury and/or property damage which may result from participation in the program. I hereby fully consent to emergency medical treatment, should emergency personnel or a physician deem such attention necessary. no accident insurance provided.

I further understand that photographs taken of recreation programs may be used by the Recreation Department for promoting their programs, classes or events.

Signature _____

Date _____



Whitefish Bay
RECREATION

REGISTRATION FORM



PAYEE INFORMATION (adult/parent/guardian)

Last Name _____ First Name _____
Address _____ Phone _____
City/State _____ Zip _____ Cell Phone _____
Email address _____

REGISTRATION OPTIONS



DROP OFF / MAIL
5205 N. Lydell Avenue
Whitefish Bay, WI 53217



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There is a \$10.00 late fee for every program registration received on or after the start date of a program.

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Signature _____

Date _____



Whitefish Bay
RECREATION



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YOU'RE PROTECTED
UNDER OUR ROOF.**

**Save up to 23% when
you bundle auto and home***

We tailor coverage to your unique needs and offer discounts that could save you money.



**Call or scan to get a quote and
start saving today.**



Mandi Gramoll Lococo, Agent
Gramoll & Associates Inc
Shorewood, WI
(414) 332-0838
Teamgramoll.com



*Customers who bundle auto and home insurance policies may save up to 23% on both policies together (as of July 2022). Discounts may vary by state, property, policy form and company underwriting the auto and/or home policy. Discounts may not apply to all coverages on an auto or home policy.

American Family Mutual Insurance Company, S.I. & its Operating Companies, 6000 American Parkway, Madison, WI 53783
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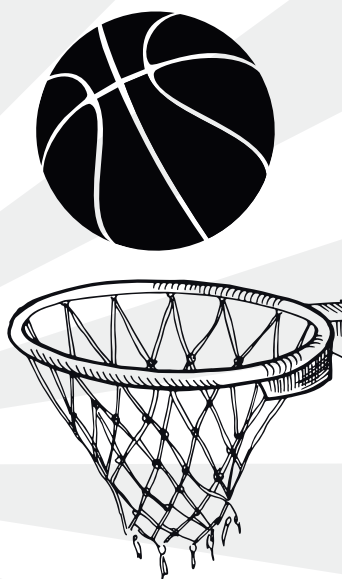


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ANY AND ALL!**

MILWAUKEE MEN'S BASKETBALL

**KIDS
CAMP**

SUMMER DAY CAMPS 2024
KLOTSCH CENTER



JUNE 17-21 JUNE 24-28 JULY 22-26
M-TH 9AM-4:30PM FRI 9AM-12PM
GRADES K-9 AGES 5-15
REGISTRATION: MILWAUKEEBASKETBALLCAMP.COM
CONTACT: MKEBASKETBALLCAMPS@GMAIL.COM





Whitefish Bay RECREATION

Bringing **Community** Together

School District of Whitefish Bay
5205 North Lydell Avenue Whitefish Bay, Wisconsin 53217
414-963-3947 | www.wfbschools.com

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Milwaukee, WI

IMPORTANT REGISTRATION DATES

WFB Resident Lottery
Registration Begins
MARCH 11, 2024

APRIL 2, 2024
Non-Resident Registration Begins

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